



## Upcoming Fixtures....

### THIS WEEK

Thursday, 23<sup>rd</sup> October for the AGM! If you would like to get involved in the running of the club and help to make sure all the jobs get done please have a word with the chair (John Taylor) or the secretary (Lesley Wornham).

The committee are proposing that the 2015 membership subscription for WCOC will be £0 (free), which will bring it in line with almost a third of clubs currently. It will make the joining of WCOC easier and reduce the complication of our structured (family) membership. Any shortfall in income from this move can easily be recovered by a modest increase in participation fees at our events.

### Spook-O

Plans are being drawn up for this annual extravaganza! Do you have an idea for a spooky site or do you want to redo one you used a few years ago. Catherine Wetherfield would like to hear from you if you have some time available to be involved. It is such good fun and always attracts a large audience of youngsters. At Whinlatter Forest as usual..... on Thursday, October 30th.

### Night Events are starting soon!

The early events will be on easy terrain, giving you the opportunity to test the water if you haven't done them before. A good head torch is needed and adequate clothing for the conditions on the night. The first one will be at Mirehouse on the side of Derwentwater. There will be long, short and a novice course. The events are really good at making you concentrate on the map, looking for the features as you navigate round the course. Your O skills will definitely improve. Give it a go!!

### Orient8 sessions

There are a set of four sessions being planned for older juniors taking place at Cockermouth School. The next session is this Tuesday evening, 21<sup>st</sup> October, 6.30pm to 8pm. The following two sessions will be after half term. They are perfect for juniors wishing to learn the skills of the sport.

**Twitter.** You can follow @WCOC2014

### Club Social

Last Thursday proved to be a very popular evening (80 came to the talk! with 66 running the sprint). Many thanks to Steve Birkinshaw for his inspiring reminiscences of the gruelling Wainwright challenge. Quite a few club members had the privilege of pacing him through some of the route.

Roger Thomas also staged the GB WOC team sprint selection races for us all to have a go at. Some impressive times!

### Keswick Street Sprint 16.10.14

(Selection from results.)

#### Long

1st	Matthew Vokes	17:23
2nd	Phil Winskill	17:41
3rd	Alastair Thomas	17:55
4th	Shane Ohly	19:12
5th	Helen Winskill	19:35
6th	Jeff Powell Davies	20:36
7th	Michael Billinghurst	21:12
8th	David Spencer	21:19
9th	Daniel Spencer	21:45
10th	Mike Harrison	22:40
11th	Chris Hope	22:58
12th	Jeff Goodwin	23:19
13th	Matthew Blackley	23:23
14th	John Taylor	24:26
15th	Katherine Lowles	24:47
16th	Chris Emerson	24:50
17th	Roger Jackson	25:54
18th	Bob Dredge	26:01
19th	Steven Breeze	26:18
20th	Duncan Innes	26:24
21st	Stephane Helle	26:27
22nd	Lynne Thomas	26:35
23rd	Mike Hind	26:48
24th	Pete Nelson	27:37
25th	Niamh Hunter	27:45

#### Short

1st	Carys Thomas	15:06
2nd	Angela Brand-Barker	17:45
3rd	Vanessa Brierley	19:14
4th	Isabelle White	20:26
5th	Madeleine White	20:28
6th	Ben Russell	22:12
7th	Sam Weakley	22:16
8th	Katie Wiasara	23:43

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>