

West Cumberland Orienteering Club

Zoom AGM 7 pm Thursday 22nd October 2020

Commented [Lw1]:

Present:

Steve Breeze, Michael Billingham, Deborah Goodwin, Lesley Wornham, Steve Birkinshaw, Jon Eaton, Helen Rennie, Paul Tickner, Pete Nelson, Steve Holmes, Liz Elliott, David Spencer, Kate Charles, John Slater, Jane Hunter, Lynne Thomas, Janette McHendry, Herbie Ashworth, Debbie Watson

1	Apologies for Absence Apologies received from Graham Watson, Simon Hunter, Alan Irving, Bob Dredge. Bob wished it to be recorded that he had read the past minutes and said they were very impressive showing a vibrant and very active club.	
2	Minutes of last AGM (17th October 2019). These had been posted online. These were accepted as a true and accurate record. Proposed Paul Tickner , Seconded Steve Breeze.	
3	Officers' Reports	
3.1	Chair Steve Breeze presented the report to the Zoom meeting. The Chair reported that last year's big event had been the retirement of Roger Jackson with lots of club members taking on his large variety of club roles. Everyone was thanked for their efforts and it was reported that the Club felt as strong as ever despite a difficult year with Lockdown due to Covid 19 curtailing events . However the strength of the club was shown as we had resumed orienteering from 1 st August with Covid secure practices in place. As always there are a huge number of people to thank for their efforts over the year. Firstly thanks to Jane Hunter for producing weekly News bulleting which kept us all entertained throughout Lockdown. Also thanks to the team which had set up virtual orienteering through Lockdown with the production of Map Runs – Pete Nelson for supplying the maps and Steve Birkinshaw for the administration in addition to numerous people planning the events. The Map Runs have also been popular with other Clubs. A huge thank you was expressed to Steve Holmes for his computer expertise and the tremendous amount of work in setting up the online entry system for our recently resumed orienteering. Thanks were expressed to all the other people who had assisted with the provision of Covid 19 prevention materials/practices and as usual the enthusiastic number of volunteers planning and organising events. The Juniors had met for regular Tuesday evening training which had really blossomed during Lockdown, enabling the Juniors to successfully compete against juniors from all over the country for selection races and elite competitions. Pete Nelson was thanked for organising training	

	<p>for future mappers and producing new and updated maps. Vanessa Brierley was thanked for her role as Junior Team Captain which she had held since 2014, and Janette McHendry was thanked for agreeing to take on the role from the AGM. Lesley Wornham was thanked for her work as Secretary for the last 8 years, and Paul Tickner welcomed as the future Secretary.</p> <p>There were no questions for the Chair.</p>	
3.2	<p>Treasurer. The Treasurer's report had been posted online prior to the meeting. It was also shared on the screen during the AGM Zoom meeting.</p> <p>It was noted that in 2019/20 we had a net surplus of £1931 compared with a net profit of £1924 in 2018/9, but account should be taken of the large expenditure of £3,055 for SI and OCAD equipment. Deborah Goodwin explained that the large deficits from the year were from the trips South which the club made for the Compass Sport Cup Final and the Peter Palmers, both of which demonstrated the successes of a strong and active club. She felt that the current level of Entry fees was right to ensure enough event generated income. It was noted that the accounts also showed some credits in advance of the Peter Palmers 2020 and the Copeland Chase. Steve Breeze made the comment that expenditure would need to be reviewed for next year as a result of the BOF access agreement with the Forestry Commission which had nearly trebled going up from £50 to £130.</p> <p>A question was made by Dave Downes about whether we should hold such a large reserve as £9,300, and whether we should be using the funds for beneficial projects. Deborah Goodwin replied that in future she would be hoping to produce a budget which would show the future expenditure planning and estimate how much we need for basic essentials as well as paying for the 'good to do things'. This should enable us to be much better informed for the future. Steve Breeze felt that having a large reserve gave the club confidence to plan and spend in advance for future events, and this year had brought home the risk which may exist when income was drastically reduced. Mike Billingham also reported that 18 months ago the Committee had discussed the club reserves and felt that for a charity reserves should be in the order of the annual expenditure amount so our current reserves were at suitable levels to allow for 'rainy days'. It was noted that in 2019/2020 income from events was reduced but also expenditure reduced as less events were held. Grant awards were also substantially down from £2,800 in 2018/19 to £150 in 2019/20. We would need to allow for higher grant awards for next year.</p> <p>Dave Fenwick was thanked for auditing the accounts.</p> <p>Deborah was thanked for producing the accounts as the Treasurer.</p>	

	The accounts were proposed by Michael Billinghamurst and seconded by David Downes.	
4	Election of the Committee	

Position	Name	Proposer	Seconder
Chair	Steve Breeze	David Spencer	Debbie Watson
Vice Chair	Michael Billinghamurst	John Slater	Howard Leslie
Secretary	Paul Tickner	Lesley Wornham	Deborah Goodwin
Treasurer	Deborah Goodwin	Lesley Wornham	Helen Rennie
Junior Rep	Herbie Ashworth	Steve Breeze	Lesley Wornham
Membership secretary	Jon Eaton	Jane Hunter	Michael Billinghamurst
Fixtures Secretary	Michael Billinghamurst	John Slater	Kim Leslie
Welfare Officer	Steve Breeze	David Spencer	Debbie Watson
Social Secretary	Lesley Wornham	Liz Elliot	Dave Fenwick
Junior Team Captain	Janette McHendry	Paul Tickner	Steve Breeze
Committee 1	Steve Birkinshaw	Steve Breeze	Michael Billinghamurst
Committee 2	Alan Irving	Jane Hunter	Deborah Goodwin
Committee 3	Helen Rennie	David Downes	Pete Nelson
Committee 4	Jon Eaton	Jane Hunter	Michael Billinghamurst
Committee 5	Lesley Wornham	Liz Elliott	Dave Fenwick
Committee 6	Jon Eaton	Jane Hunter	Michael Billinghamurst
Committee 7	Janette McHendry	Paul Tickner	Steve Breeze

5	Officers' Reports																					
5.1	<p>Membership Secretary</p> <p>Jon Eaton presented the following report online.</p> <p>2020 has been and continues to be a strange year. We had an excellent start of the year with a high percentage of members renewing, but then we went into lockdown due to the Covid-19 pandemic when all orienteering stopped. Since orienteering has been allowed to restart with the current restrictions, a number of new members have joined WCOG, bringing our current membership to 201, which is one more member than we had in 2019. Final figures will be produced at the end of October. The membership can be broken down as follows:</p> <table style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th></th> <th>2020</th> <th>2019</th> <th>2018</th> </tr> </thead> <tbody> <tr> <td>Renewal from previous year:</td> <td>171</td> <td>158</td> <td>162</td> </tr> <tr> <td>Lapsed member renewals:</td> <td>7</td> <td>6</td> <td>3</td> </tr> <tr> <td>New members:</td> <td>23</td> <td>36</td> <td>26</td> </tr> <tr> <td></td> <td style="border-top: 1px solid black;">202</td> <td style="border-top: 1px solid black;">200</td> <td style="border-top: 1px solid black;">191</td> </tr> </tbody> </table> <p>Even given the adversities that we have suffered in 2020, our membership has held up well and grown slightly. If we see a return to full orienteering at all levels in 2021, I'm hoping that we will see further growth. British Orienteering are extending</p>		2020	2019	2018	Renewal from previous year:	171	158	162	Lapsed member renewals:	7	6	3	New members:	23	36	26		202	200	191	
	2020	2019	2018																			
Renewal from previous year:	171	158	162																			
Lapsed member renewals:	7	6	3																			
New members:	23	36	26																			
	202	200	191																			

	<p>membership to include 2021 for all new members joining now, so let your friends know.</p> <p>We also have a strong cohort of ex-members now at University who continue to support our club by running for WCOC in addition to their closed University club.</p> <p>He reported that membership numbers were high considering we had been in lockdown for 5 months and that numbers probably reflected that anyone wishing to enter events had to be a member of BOF.</p>																																					
<p>5.2</p>	<p>Fixtures/Access Report</p> <p>Michael Billingham presented the following report online.</p> <p>Obviously, this hasn't been a great year from a fixtures perspective. 5 months orienteering were lost as a result of the national response to Coronavirus including most of the summer series and 2 galoppens. Some of us managed the withdrawal symptoms with map runs and various forms of "online orienteering" but these are clearly no substitute for real events.</p> <p>Despite this the glass is still quite full. In the year to 10 September the club still put on 33 events. These attracted 2,279 competitors. Here is a breakdown by type of event.</p> <table border="1" data-bbox="256 994 1110 1223"> <thead> <tr> <th rowspan="2"></th> <th colspan="4">Thursday evening</th> <th rowspan="2">Galoppen</th> <th rowspan="2">Other</th> <th rowspan="2">Total</th> </tr> <tr> <th>Winter</th> <th>Spring</th> <th>Summer</th> <th>Autumn</th> </tr> </thead> <tbody> <tr> <td>Number of events</td> <td>16</td> <td>2</td> <td>4</td> <td>6</td> <td>2</td> <td>3</td> <td>33</td> </tr> <tr> <td>Number of participants</td> <td>776</td> <td>94</td> <td>303</td> <td>377</td> <td>410</td> <td>319</td> <td>2279</td> </tr> <tr> <td>Average participation</td> <td>49</td> <td>47</td> <td>76</td> <td>63</td> <td>205</td> <td>106</td> <td>69</td> </tr> </tbody> </table> <p>Many clubs would be happy with this number of events in a normal year. Once the British Orienteering Federation gave the go ahead to recommence orienteering from 1 August we have put on a mini summer series of 4 events and are in the middle of a 4 autumn, urban events. Its pleasing to see that participation is, if anything, slightly up on the equivalent events in 2019, allaying any fears that some members may have lost enthusiasm since sport stopped in March.</p> <p>Once again, thanks to those who have contributed to making it happen, particularly organisers, planners, controllers and access officers. As I've said before, and will again, our ability to continue to provide regular orienteering depends entirely on members willing to do these jobs.</p> <p>Looking ahead we have planned a full winter series. We are also aiming for 5 Galoppens next year including a repeat of the successful 2017 2 day spring event in Eskdale.</p> <p>Enjoy your orienteering in 2020/21.</p> <p>At the meeting Michael made the following comments. He reported that despite not being able to put on any events during April, May, June and July we have still been able to put on more events than most clubs do in a year.</p>		Thursday evening				Galoppen	Other	Total	Winter	Spring	Summer	Autumn	Number of events	16	2	4	6	2	3	33	Number of participants	776	94	303	377	410	319	2279	Average participation	49	47	76	63	205	106	69	
	Thursday evening				Galoppen	Other				Total																												
	Winter	Spring	Summer	Autumn																																		
Number of events	16	2	4	6	2	3	33																															
Number of participants	776	94	303	377	410	319	2279																															
Average participation	49	47	76	63	205	106	69																															
<p>5.3</p>	<p>Mapping Officer</p>																																					

Presented online by Pete Nelson prior to the meeting.

Introduction

Covid-19 shut down all normal orienteering for about five months, and with it much mapping activity.

Some things continued, especially where mappers had terrain within reach of their daily exercise, and when we started to get going with MapRunF

Mapping Course

During the full lockdown, about 12 people signed up for the club Mapping Course.

14 modules were prepared, about 160 pages in total. It certainly kept me busy. Many people found that lockdown didn't give them as much spare time as expected, with a combination of Working From Home and domestic duties filling the days. I don't know of anyone that finished the full course, but it gave an insight into the processes of mapping to many.

The course remains available as a club resource.

In preparing the course I found some errors in the Open Orienteering Mapper program. The developers have improved the handling of GPS data with our help. We are still working on the proper translation of maps between OCAD and OOM, especially in British National Grid.

A lasting benefit of the course is the creation of ISOM 2017-2 and ISSprOM 2019 symbols sets, incorporating symbols specific to WCOC. These include the club badge and contact block created by Jon Eaton, both of which we are now using on new or updated maps.

Scope of mapping

Over the years we have mapped a huge area of 'West Cumberland' – see attached Map of Maps. As reported last year, there is such a lot that we can't maintain it all, so we have to be selective in updating the areas most important to our fixtures lists. We need to bring on more mappers to help in this, and hopefully the mapping course will encourage a few people to join in.

Standards for symbols and scales

The committee approved a policy for symbols and scales for all types of maps. In summary, newly created maps for fell and forest will be at 1:7500 or smaller (usually 1:10,000) and use ISOM 2017-2 symbols. Sprint and urban maps will be 1:4000 or 1:5000 and use ISSprOM 2019 symbols. Schools maps (various scales) will use the BOF standard symbol sets.

Larch Disease

Phytophthora ramorum is affecting many forests. We're losing some of our most runnable plantations to felling in an attempt to control the disease. In previous years, much larch was felled in Whinlatter, Wythop, Dent and elsewhere. Currently felling is ongoing in one of the few remaining good bits of Cogra Moss, in Sillathwaite Wood (next to Lowther Park), and on Crag Fell. Further work will soon start in Lowther Park and the southeast side of Dent. This is in addition to routine forestry work in Setmurthy, Ennerdale, and elsewhere.

Software

Pete Nelson and Jon Eaton made recommendations to the committee that new mappers and planners be encouraged to use Open Orienteering Mapper and Purple Pen in place of OCAD. No new licenses for OCAD would be purchased. This proposal was accepted.

External Maps

With the complete shutdown of Fell Running, we had no requests for external maps this year.

Permanent courses

There has been no routine update of the Whinlatter map. Covid-19 prevented access, and no changes were reported.

We removed punches from the permanent courses in Ennerdale and Bleach Green to reduce the chance of cross contamination with Covid-19. We are currently trialling a replacement based on scanning QR codes by smartphone (iOrienteering).

The Bleach Green permanent course map has been updated.

The western part of the Ennerdale permanent course map has been updated, and resurvey will continue as forestry work moves farther up the valley.

Data Resilience

I now have a much improved set of club maps, and clear owners for almost all of them. In most cases, therefore, there will be two copies – one held by the owner and one held by me. I'll shortly place a backup copy with the software officer so we are not at risk of losing our biggest asset.

Last year we...

Howard and Kim Leslie:

Updated the Cocker Banks part of the Cockermouth urban map

Mike Hind:

High Doat added to Honister map

High and Low Howes map redrawn to ISOM 2017-2

Jaws of Borrowdale redrawn to ISOM 2017-2

Keswick partially revised and redrawn to ISPrOM 2019

Michael Billingham:

The planned extension of Setmurthy onto the North slope of Elva Hill is complete, and will be used for a winter series event in November. Further extension depends on decisions as to which areas are usable taking into account ease of access (physical and permission) and quality of terrain.

The update of Setmurthy forest, following extensive forestry work, and The Hay is largely complete. Still awaiting completion of forestry work in the western end of the forest. I have not done the area to be clear felled in the east of the area.

Mike Pearson:

Low Rigg updated

Jon Eaton:

	<p>Continuous update of Whitehaven Pete</p> <p>Nelson:</p> <ul style="list-style-type: none"> Started resurvey of Lowther Park Resurveyed Knockmurton Started resurvey of Ennerdale, as forestry work allows Partially resurveyed Bleach Green Started survey connecting Buttermere to Rannerdale New map of St Joseph’s School, Frizington Minor updates to many other maps <p>Next year we’ll...</p> <ul style="list-style-type: none"> Start on Coledale (Howard Leslie) Finish the revision of the western part of the Cockermouth Urban map and start on Coledale (Howard and Kim Leslie) Join up High and Low Howes with Honister/High Doat (Mike Hind) Maybe map Snipeshow Tarn (Mike Hind) Update 1 or 2 more maps depending on priorities to be agreed. Mawbray and/or Caer Mote likely to be part of this (Michael Billinghamurst). Review Great Mell Fell for possible revision (Nick Evans) Continue on Armboth to Bleaberry (Mike Pearson) Ongoing updates to Whitehaven (Jon Eaton) Watching brief on some historic areas – Drigg, Blengdale, Parkgate, Ponsonby Tarn (Jon Eaton) Continue update of Ennerdale as forestry work is completed (Pete) As time and priorities permit, connect Buttermere to Rannerdale, update Whinlatter south (Pete) <p>We need mappers for...</p> <ul style="list-style-type: none"> Lots of updates. Minor updates to some smaller maps – suitable for new mappers Keeping on top of forestry changes in Whinlatter Eskdale (Blea Tarn and Eel Tarn) are rather neglected. <p>Pete was thanked for all his hard work and efforts in co-ordinating map development. A map showing all mapped areas and their status was also shown on the website.</p>	
5.4	<p>Lead coach</p> <p>Presented online prior to the meeting by Simon Hunter.</p> <p>Covering November 2019 to October 2020</p> <p><u>Annual Plan</u></p> <p>The intent of coaching during the last year was always to build on the successful work previously done by Lynne Thomas as previous Lead Coach (evidenced by the success of the club especially the juniors) and not to undertake any radical change, with some minor differences identified partly to suite availability to support.</p>	

An annual plan was therefore produced (attached) and taken to the committee for endorsement in late 2019 (Note: detail was only in place at that time for the first part of the year), with the key elements being:

- Supporting attendance at major orienteering competitions – senior and junior (including via aligning Thursday events as possible i.e. Sprints series pre JK, Middle pre the British Middle + focused training sessions)
- Monthly Club training in the first part of the year - with an initial focus on Developers (recognising the new members that had joined)
- ‘Bite Sized’ training pre WCOC summer events – Building on the previous year’s delivery including promoting the pre event training as mirroring Elite/Championship race warmup or as opportunities to practice specific skills
- Supporting Tuesday Junior Training
- Alignment with NWJS training
- Ensure training covering Seniors is promoted.

Development

Development, covering those aspects of enhancing participation, aligned coaching and mainly focused on beginners was primarily progressed via work to support school orienteering. This has been principally led by Lynne supported by Jamie and Debbie Watson and also linked to other clubs in Cumbria.

In line with this work was undertaken to look to integrate the primary schools final into the Cumbria schools’ games with the aim of raising the profile of the event. The plan included the use of an extended maze as well as park-based race.

The local schools programme was started including a ‘Festival of O’ for Allerdale primary schools held a Fairfield in Cockermouth which aligned with the WCOC Slatefell urban event to provide a follow-on opportunity. Further events in the school’s series including the planned Cumbria secondary school final in parallel with the Sale Fell Galoppen were unfortunately cancelled due to Covid.

Coaching Delivered

Pre-Covid:


NWJS Training was delivered during the early part of the year including training in March in WCOC’s area utilising High Doat supported by WCOC coaches and linked to the High Rigg Galoppen on the following day. Older WCOC juniors were invite to the training in preparation for potentially joining the squad later in the year. In parallel with this a training session was held for younger WCOC juniors.

A Buttermere Coaching session focused on ‘Developers’ was held in March – this was well attended with an age range of 10 to 70 (despite needing to be re-arranged due to storm Kiera).

Post Covid:

In line with Lockdown and the suspension of Events all coaching was initial suspended. Following this initial period and aligned with originally planned NWJS training dates some limited training focused on the NWJS but open the WCOC juniors was organised by Lynne (i.e. Training course using tapes available to WCOC over a weekend allowing socially distanced attendance in the local area)

Once restriction was eased and to support aspirant NWJS members from WCOC, a series of seven technical training session were held on Tuesday nights up to the NWJS August training weekend held in South Lakes (replacing the cancelled NWJS Norway Tour). This weekend also acted to replace the NWJS ‘Newby Day’ when aspirants are assessed to determine if they

	<p>reached the squad technical standard to be allowed to become a member. The seven Tuesday technical sessions focus on a different key orienteering skill each week. The success of this training was seen when all six WCOC aspirants were accepted in the NWJS.</p> <p>Following on from this and in line with the Government Covid restrictions and BO guidelines WCOC junior Tuesday night training has been formalised as a WCOC Junior Club night and has been successfully run through September and October, centred in and around Cockermouth. Given the limited number of orienteer events available and the uncertainty regarding Covid restrictions it was decided not to attempt to hold any further coaching for the wider club during this time.</p> <p><u>Support</u></p> <p>Active coaches providing key support to allow delivery have primarily included: Lynne Thomas, Jamie Rennie, Deborah Goodwin and Debbie Watson</p> <p>Additional support to the Tuesday Junior training has come from various parents but specifically Alex Crawford in helping coordinate and runs sessions.</p> <p>A coaching development plan was also displayed on the website.</p> <p>Simon was thanked for all his hard work as Lead Coach.</p>	
5.5	<p>Equipment Officer</p> <p>The change over from Roger has gone very well and the restart after the lock down has been similar. The caravan is undercover at Elizabeth's but has a limited life removing some of the inside to give extra room weakens the structure and reduces the life perhaps a small catering type trailer would be better.</p>  <p>The event equipment is kept in a shed at Rogers. This works well as planners have to collect maps from there. Up to now the shed has been kept tidy and thanks to planners for that.</p> <p>We have used the aluminium stakes with control box on top or on the ground but in next few weeks we will switch to using the fibre poles and new small kites which reduced the weight to be carried. Alan Irving looks after the Si boxes. David Spencer and Steve Holmes produce the printer and download to the events.</p> <p>The Covid 19 requirements of isolate everything for 72 hr is met by returning on Sat Morning and collecting on Wed but if weekend events are introduced then this would have to be looked at .</p>	

	<p>Deborah produced a Covid 19 box the one with the blue lid and contains everything you need'.</p> <p>It was noted that we had had some issues with SI boxes at recent events with them losing time and so giving negative splits. Also the Results box now has some bad memory parts. The November Committee meeting will look at upgrading some of the equipment.</p> <p>Jon Eaton reported that we had bought some smaller 6 inch kites which would be used on the existing poles for Thursday evening events.</p> <p>Dave was thanked for all the hard work he commits to ensuring that the equipment is ready for use each week.</p>	Nov com mitt ee
5.6	<p>Social Secretary</p> <p>Presented online prior to the meeting by Lesley Wornham</p> <p>In addition to the weekly club orienteering events, the Club enjoyed several additional social events. It is great to see such a variety of events enjoyed by a very active club with nearly 200 members.</p> <p>This year's New Year's Day social was held at Mawbray Dunes again, with another enjoyable but challenging event organised by Dave Fenwick, followed by festive crack and the delicious snacks at Bank Mill Nursery Tearoom.</p> <p>The WCOC annual club January social evening was again held at Embleton Village Hall on 11th January 2020. This year it was held on the evening after the Club Chase at Jaws in Borrowdale. This format was successful with winners from the Club chase able to proudly display their awards. The event was organised by the Rennies and as usual, all the guests provided a delicious buffet to be shared by all. There were the usual games and quizzes enjoyed by all especially the map quiz this time produced by Jamie Rennie and a nostalgic music quiz on the theme of outdoor/orienteering words produced by Steve Breeze. These were followed by the annual award ceremony for 2019 club awards and Galoppen winners.</p> <p>Sadly, due to the Covid 19 pandemic this was the last large scale social event of the year. We can only look forward to being allowed to hold social gatherings in 2021. Planned events will hopefully include the Annual New Year Social, the very popular postponed Pie and Pea Supper in the Spring, a Ceilidh and a social at the Scottish 6 Day near Fort William.</p> <p>Suggestions were made at the meeting about holding an online Zoom quiz night if the Covid restrictions continue.</p> <p>Lesley had been presented with flowers by WCOC for her long time work as Secretary which she thanked the Club for.</p>	
5.7	<p>Publicity Officer</p> <p>Presented by Jane Hunter online prior to the meeting.</p>	

	<p>I don't think I am officially the publicity officer, but I had been writing newspaper reports for some time and agreed to take over the production of the newsletter when Roger 'retired', almost a year ago.</p> <p>As you can imagine, finding content for the newsletter and newspaper has had its challenges during a period when there was no official orienteering allowed. During the full lockdown, the newspaper reports were limited to the success of Joe Sunley in the online lockdown events, but I was able to keep up with a weekly newsletter, thanks to many contributions from club members.</p> <p>I do feel that the weekly newsletter is an important resource to share information with the members and has been particularly useful to maintain that 'club' feeling during lockdown. Although, you are always left wondering how many people actually read it!</p> <p>Now that events have started up again, I have started sending the regular weekly reports to the Times and Star and the Keswick Reminder who remain supportive.</p> <p>The T & S often cut reports short and omit photographs in the newspaper but then report the whole article online which is good as this can then be shared on FB. I am not responsible for FB posts but I think the general page and the members' page is a very useful resource and especially useful for engaging juniors.</p> <p>At the meeting Jane made a request to the Juniors to contribute some articles for the weekly bulletin.</p> <p>I think that keeping the club and events in the news is important and can and does help to attract new members which is vital for the club. Jane was thanked for all her dedication in producing the weekly bulletin and reports in the Times and Star newspaper.</p>	
5.8	<p>Junior Report</p> <p>Presented by Joe Hudd on line prior to the meeting.</p> <p>Over the latter stages of lockdown, the older juniors began to focus on the EJVOC selection races in Graythwaite at the end of October. A North West coaching day for juniors of all ages was greatly appreciated and attended by many: training groups of around 6 juniors were divided across 3 maps in the South Lakes.</p> <p>During the selection races themselves, a number of juniors attained superb results. In the sprint, Ali Thomas, Dan Spencer, Joe Hudd, Emma Crawford, Daisy Rennie and Issy Sunley finished in the top 5 in their respective categories. In the long, Ali and Dan once again came in the top 5, with Niamh joining them. On the Sunday middle, Ali, Dan and Joe locked out the podium in the M20 Category, whilst Niamh won a very competitive W20.</p> <p>A number of juniors were selected for various opportunities. Ali Thomas, Dan Spencer, Joe Hudd and Niamh Hunter were chosen to run at a (now-cancelled) European Junior Championships. They expressed their thanks to the club for putting them in a position to</p>	

	<p>achieve this. Furthermore, Issy Sunley was invited to a Talent Assessment Camp, a stepping stone to the British Talent Squad.</p> <p>There was, understandably, great disappointment in being unable to run the Peter Palmer relays, especially when the success of previous years was taken into account. We look forward to running again next year and trying to continue our winning streak.</p> <p>The chance to run (almost) as normal on Thursday evenings was welcomed by many juniors. The results are well populated with under 18s. A younger group at the top of the short course is evidence that the club continues to produce juniors of a high standard.</p> <p>Joe was thanked for his work updating us on Junior achievements throughout the year and wished well for his studies next year. Herbie was welcomed as the new Junior rep.</p>	
5.9	<p>School League Organiser</p> <p>Presented by Lynne Thomas on line prior to the meeting.</p> <p>Sadly, in 2020 there was just one schools event: a Prologue at Fairfield school to start testing our new programme. As always, the kids were excited and enthusiastic, the day was sunny, what more can be expected?</p> <p>We spent lots of time planning and updating the programme and activities for the 2020 summer schools season but like many, many other groups, we were stopped by COVID19. However, the planning and connections we made in 2019/20 will all be perfectly good for 2020/21, so we look forward to the next year with some trepidation and everyone with fingers crossed.</p> <p>Lynne was thanked for her work and wished well for continued success next year.</p>	
5.10	<p>Welfare Officer</p> <p>Nothing to report in 2020.</p>	
5.11	<p>Team Captain Senior</p> <p>A brief report was made by the Chair at the meeting. Just after the last AGM, a team of nearly 40 WCOC members had ventured south by coach to the 2019 Compass Sport Cup Final near Crowborough, staying overnight in a youth hostel. We had several impressive runs particularly by the Juniors Al Thomas and Joe Hudd and finally finished in 5th place. The last main orienteering event WCOC had attended as a team had been the Compass Sport qualifier in March in the South Lakes. WCOC had qualified for the Compass Sport Cup final in October 2020 but unfortunately the event had been cancelled/postponed due to Covid 19.</p>	
5.12	<p>Team Captain Junior</p> <p>Presented by Vanessa Brierley online.</p>	

	<p>Due to the unfortunate circumstances of the Coronavirus pandemic, none of the Junior Team events this year went ahead.</p> <p>We were looking forward to hosting the Peter Palmer Relays in September 2020, but even this was cancelled but on a positive note we are hosting the event next September, always good to have something to look forward to!</p> <p>I will be resigning from the position of Junior Team Captain (a position I've held since the JK in 2014) at the AGM, but am very happy to pass it on into the capable hands of Janette Sunley, who will now be taking over.</p> <p>Regards, <i>Vanessa Brierley</i></p> <p>Vanessa was thanked for her huge contribution and commitment to organising Junior events for the last six years. She was presented with flowers from the Club which she expressed her thanks for. Jane, expressed her thanks to Vanessa as a parent of two juniors who had benefitted from the trips to competitions which Vanessa had organised.</p>	
5.13	<p>NWOA</p> <p>It was reported that Jon Eaton had tentatively agreed to represent WCOC on the NWOA committee. There had not been any meetings since last October, which our club had been unable to attend as it clashed with the Compass Sport Cup Final. Sadly the long term Secretary of NWOA, Dick Collins had died in April. No date had been fixed for the next NWOA meeting.</p>	
6	<p>Proposals</p> <p>There were no proposals. The meeting closed at 8.50</p>	
7	<p>Guest Speakers Rosie Watson and Mike Elm.</p> <p>Previous WCOC member Rosie Watson set out on the self-created 'New Story Run' in August 2019. The aim is to run from the UK to Mongolia, a 12,000km journey all by foot, carrying her stuff. Along the way she is telling the stories of people she meets who are tackling the climate crisis and related issues - and who are creating a more positive new story for humanity. In November 2019 Mike Elm started a twinned adventure by bike, the New Story Ride, inspired by the New Story Run. He is working on the same aims, but telling the stories through his bikepacking adventure, often visiting further away places that Rosie couldn't get to! A few weeks ago, they both made it to the Black Sea coast in Bulgaria. Unfortunately, due to Covid lockdowns, the next stage of their route is expected to be blocked until Spring 2021, so they have returned overland to the UK for a break - but will be back to continue as soon as they can.</p> <p>In this talk they will share some of their experiences so far, and answer any questions you have!</p> <p>You can also look at their websites to read about the stories they've been finding:</p> <p>Newstoryrun.wordpress.com Newstoryride.wordpress.com</p>	

