

Editor: Roger Jackson, Seaton Mill, Workington.

Many thanks to Bob Barnby, Paul Roberts and Richard Baxter for the superb events over the Christmas period. Unfortunately the report for the event in Masmill, with the appearance of Santa, is still in the camera! Next newsletter hopefully!

Congratulations to the winners in the Club Chase. It all depends on your handicap, but it is good to see a new group of people take the prizes. Thanks to Chris Bland for preparing the trophies once again.

Club Chase Winner for 1990	Graham Hutson
Orange Course Trophy	Kay Fowler
Red Course Trophy	Val Love
Green Course Trophy	Gerard Hagan
Blue Course Trophy	Paul Fussell

Thanks to the planning and organising team of Ray and Vi Nelson. This is their sixth Chase. They are both most pleased to put the event on, but will not stand in the way if someone else would like to have a go. Anyone interested?

Finding folk prepared to put the events on is always time consuming. We, as a club, staged about 57 events in 1989! Each of the events needs a planner at least, and some need a controller/organiser, while a few of the events require a team of helpers. What are your plans for 1990? Can you make time to help plan an event? The Summer series of evening events will be put together soon. Usual format, two courses, although it might be an idea to include a short novice course for the beginner. Do you have an area near you that would make a B/W map for an evening event. You might like to have a go at some mapping. The last couple of series of evening events have produced a good handful of new areas/maps.

Help is sought for the Come-And-Try-it series for May 5/12/19 to be held in Setmurthy, Bowness Knott and Masmill.

Would you like to plan a colour coded event in Scale Hill on the updated map of the area, on November 4?

How about planning for the badge event on Harrop Tarn on the 9th September? A choice plum that one! How about organising?

Then there is the British Night Championships on December 8th. A planner and organiser are needed. The venue is Wythop Forest.

There is quite a range of planning available. Taken seriously the job of planner can be very rewarding, setting challenges for the competitors, knowing that you have kept them thinking and checking their maps all the way round the course.

Sue Kysow has organised a venue for the Club Dinner for Friday February 16th, Hunday Manor near Workington. There is no set price and no menu before the night, so you can have the pleasure of making up your mind on the night. The restaurant can take thirty. Book with Sue as soon as you can.....Kewick 73040. Arrive 7.30 for 8.00 pm.

Membership renewals have been coming in well over the last several weeks. Please post yours if you haven't done so already. Full BDF members may have an extra £2 (club contribution) to pay if they only paid the amount on the BDF renewal form. Please pay the £2 to Roger Jackson at your earliest convenience.

Dick Warner's birthday event planned for January 28 has had to be cancelled. Dick expresses his apologies but has found the pressure of work has limited the time available to him for the coming months. A pity, it looked like a really interesting event. Perhaps Dick will stage it another time. Have a happy birthday on the 26th., Dick!

Finally, The JK and the British Champs Relays are being co-ordinated by Rob Holder. He needs to know if you are going. Contact him on Kewick 72855. The club has organised some accommodation for the JK near Dunkeld. There are 24 places filled so far. Details from Roger Jackson.

The best hour in the year.

Of all the hours in a year - 8,760 to be exact - which one is the most precious? Maybe we all have our own answers to that one. My usual choice - that extra hour in a warm sleeping bag after the clocks have gone back on day 2 of the Karmir - was, like myself, a non starter this year. The only real candidate for my vote put their feet in the door at the very last moment, although the winner was never really in doubt.

The Saturday before the Great Wood event was a magical day, almost supernaturally still, and bright as a polished mirror; the sort of day which disarms commonsense and tempts you to run when you know you shouldn't. It was 2.45pm. I'd ignored my cold and struggled on to Grassmoor from Cinderdale up the Lad Hows footpath. At the summit cairn, I sat breathless and looked seaward where it was so clear I imagined I could even see the curve of the horizon. Inland, Skiddaw and Helvellyn poked like volcanoes through the late afternoon mist which was gathering in the valleys and softening the outlines. Further off the Pennines were little more than an inconsequential blue smudge. Although it was cold I could have stayed for hours and only left with reluctance.

Running along the edge of Dove Craggs I had my Bröcken spectre for company as mist welled up from below. I waved and the enormous haloed shadow waved mysteriously in return. In the relative darkness of Coledale Hause, the temperature plummeted and I had to put on my appallingly colourful Peruvian style woolly hat and gloves. The more descender Whiteside, passing several walkers who looked disparagingly at my footwear (PB's) and aghast at my hat, the sun finally disappeared behind Melbreak like an enormous red burrowing beetle.

I patterned contentedly down the reentrant behind Whin Ben, past the site of the '86 Beer Trail cache and along the roadside to the car. It was 3.45 and I was as high as a kite. Did my feet really touch the ground? I can hardly remember. Monday morning seemed light years away.

In the past when people have asked me why I run, I've usually shrugged my shoulders and grunted something non-committal, secretly thinking that anyone needing to ask the question would never understand the answer anyway. We all have reasons for our madnesses and I think mine are obvious enough. Suffice it to say that it doesn't take many days like this one in a lifetime, let alone a year, to make all the tedious humdrum runs, and even the downright unpleasant one, somehow seem worthwhile.

Colin Webb (M35)

Elizabeth Hutson n/c ORANGE 11.28.06

\*Graham Hutson GREEN 11.29.49

\*Gerard Hagan GREEN 11.32.22

Vincent Fussell GREEN 11.32.45

Stewart Young GREEN 11.33.15

\*Kay Fowler ORANGE 11.33.47

John Petty GREEN 11.34.04

Emma Bland GREEN 11.35.33

Peter Atkinson GREEN 11.35.56

Chris O Bland GREEN 11.37.32

Luke Sullivan ORANGE 11.38.35

John Radford ORANGE 11.40.13

Ian Fowler ORANGE 11.40.29

Val Sullivan GREEN 11.40.50

Catherine Jackson ORANGE 11.43.02

Ben Bland ORANGE 11.44.20

Pam Barnby ORANGE 11.44.59

Don Scarrott GREEN 11.45.45

Steve Sullivan GREEN 11.46.17

Uni Parkins GREEN 11.46.23

Maggie Reed GREEN 11.46.37

Janet Allred GREEN 11.48.15

Brian Croft RED 11.49.17

\*Val Love BLUE 11.49.29

\*Paul Watson n/c ORANGE 11.49.43

Nark Fussell RED 11.50.36

Viv Fowler RED 11.51.04

Allan Fowler ORANGE 11.51.51

Michael Hutson ORANGE 11.52.03

John McConnell n/c RED 11.53.32

Bob McConnell n/c RED 11.54.09

Michael Simpson BROWN 11.55.50

\*Mark Todd RED 11.56.20

Allan McKinley RED 11.56.33

\*Maggie Dudley BLUE 11.57.31

\*Paul Fussell RED 11.58.02

David Betka n/c BLUE 11.59.31

Peter Colley BLUE 12.01.39

John Calvert BLUE 12.01.59

George Kitchen BROWN 12.02.05

Rhys Stanwix BLUE 12.02.40

Don Moger BROWN 12.02.42

Nick Moore BROWN 12.02.52

John Starbuck BROWN 12.04.41

Penny Kingsland +6/9 GREEN 12.05.03

Tom Heseltine BROWN 12.05.30

Andy Warner RED 12.05.47

Glenda Moore BROWN 12.06.54

Malcolm Miller BLUE 12.09.03

Peter Parkins BROWN 12.09.18

Len Scott BLUE 12.09.35

Mike Wood BLUE 12.09.48

Paul Roberts BROWN 12.10.21

Kevin Hodgson BLUE 12.10.51

Rob Holder BROWN 12.11.09

Roger Jackson RED 12.14.00

Dick Warner RED 12.14.49

Sandy Burgon RED 12.16.09

Sam Sullivan BLUE 12.19.04

Bill Crouch n/c BLUE 12.25.38

Bob Astley BROWN 12.26.38

Bob Barnby BLUE 12.27.35

Tony Pennick BLUE 12.27.35

Howard Loughlin RED 12.27.35

Lorna Stanwix n/c RED 12.27.35

Hancocks/Graham n/c RED 12.27.35

FINISH ORDER & BY COURSE

ORANGE

RED

GREEN

BROWN

BLUE

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