MapRunF Event -

Uses SmartPhones for punching and timing.

Instructions (best to do steps 1-3 at home or somewhere with a good WIFI)

1. Install the free MapRunF app on your smart phone (Iphone or Android). **Note**, There is an older version MapRun, the new version is much better and everyone should update to MapRunF

2. In the App, Click "Name" and fill in the details

3. Click "Select Event". Go to "UK" then "Cumbria" then "West" then select MR SaleFell Mar20 long PXAC.kml , MR SaleFell Mar20 short PXAC.kml or MR SaleFell Mar20 easy PXAC.kml . This will download two files – the map file and the course

4. Click "Goto to Start" – you can also take a normal O map (download the appropriate course from WCOC website). Your time will begin as soon as you are close to the start.

5. Visit the controls (you can use either the map on the phone or the o map). As soon as you get close you will automatically punch. Your phone will vibrate and beep and the control on the map on your phone will change colour.

6. Your time will stop as you approach the finish.

7. Upload your results to the MapRun server.

The georeferencing is slightly out on the phone map. The actual locations are more precisely located on the paper map.