

Cockermouth Mountain Rescue Team

70th Anniversary Family Open Day - 17th of June

Join us between **10am and 2pm** at our Base on Station Road to:

- Meet Team Members.
- Learn about the work we do and the area we cover.
- Find out about our history and some of our most memorable rescues.
- See demonstrations of rescue techniques and casualty care.
- Have a go at rock climbing.
- Enjoy refreshments, and much more...

