



## ULDALE FELLS

# CUMBRIAN GALOPPEN SERIES

Sunday 6<sup>th</sup> October

### **Directions and Parking**

The event is on the fells to the north of Skiddaw. Access is via some very narrow roads so please drive cautiously, and follow the signed route to minimise traffic disruption. Approach is via the A591 and the event will be signed from the A591 at NY216325, signposted 'Bassenthwaite Village'. This junction is about 100m SE of the Castle Inn junction.

Parking and assembly are at Horsemoor Hills Farm, NY252335. There will be a £1 per car parking fee.

No access for coaches or for any vehicles larger than a minibus.

### **Registration and Starts**

Registration and download are in the assembly area. Registration is open from 10.00 to 12.00, and starts are between 10.30 and 12.30. The start is 750m from assembly, with 70m climb.

Entry on the day only. Car keys can be left at Registration. Spare clothing can be left near the start as competitors will pass the start on their way back to Assembly from the finish. The finish is 800m beyond the start. The clothing dump will not be supervised.

### **Entry Fees**

Seniors £7 plus £2 for non BOF members

Juniors and Students £3.50

### **Safety**

You **MUST** download even if you retire so that we know you are back safely. Competitors take part at their own risk and are responsible for their own safety during the event.

The event is on high open Lakeland fells and participants should dress appropriately and **MUST** carry a whistle. If the weather is bad it may be compulsory to carry a waterproof cagoule.

## Controls

SI controls will be used and will be enabled in contactless mode. Those with SIAC dibbers must physically punch the start.

SI cards will be available for hire on the day for £1. Please note that there is a £30 charge for lost SI cards.

## Courses (subject to final controlling)

Course	Length (km)	Climb (m) *	Controls	Map Scale
Brown	9.0	700	16	1:12,500
Blue	7.1	580	14	1:12,500
Green	4.9	310	11	1:10,000
Short Green	3.6	260	9	1:10,000
Light Green	4.2	210	10	1:10,000
Orange	3.3	120	12	1:10,000
Yellow	1.8	60	9	1:10,000

\* Measured on the straight line route as per BOF guidelines. For brown, blue, green and short green there are feasible routes with much less climb than this.

Control descriptions will be printed on the front of the map, and loose control descriptions will be available at Registration.

## Terrain

The area is steep open fell. Most of it is very runnable though there are some areas of bracken and heather where the going is slower. All courses use the Northern slopes of Great Cockup which has been used for galoppen events previously. The longer courses also visit a new area to the North which has patches of interesting contour and erosion gully detail.

## Dogs

Dogs are not allowed on the competition area and must be on leads in the farmyard, and can be exercised in the field leading off the farmyard. This field is also being used for parking.

## Cake Stall

There will be a cake stall run by WCOC juniors. Please support their efforts by rewarding yourself with something nice after your run.

## Officials

Planner: Mike Billingham  
Organiser: Bob Barnby 017687 74998  
Controller: John Taylor