

Wythop valley Galoppen Details (Sunday 3rd June)

Venue Wythop valley. Registration and car parking will be on the parking field (NY195287). Courses are on Ling Fell and Wythop Moss area.

Access The main access is from the A66 through Wythop Mill. The turning for Wythop Mill will be signed for both those travelling from and the east and west.

Parking Arranging car sharing is encouraged. This event has parking on a field belonging to Wythop Hall and Old Scale farm. There will be a charge of £2 for the day. Parking for small minibuses will be either on the road side or on a hard stand area 50m walk from car parking field.

Map 1:10,000. Yellow and orange courses 1:7500. You should USE MARKED CROSSING POINTS ONLY. The maps uses a three dot triangle for a small stony patch/ flattened cairn.

Terrain: Runnable open fell terrain with patches of heather on Ling Fell, marsh and grassy bog on Wythop Moss. Yellow and orange courses use the fields close to the parking. All courses cross fences / gates. Be careful to avoid damage. Full leg cover is required. The area is grazed by sheep, so check afterwards for ticks.

Entry on Day Cost £8 (£6 for BO members) seniors and £3 juniors.

Courses

Course	Distance (km)	Climb (m)	Controls
Brown	7.5	280	18
Blue	6.4	260	18
Green	5.3	125	15
Short Green	4.3	110	13
Light Green	3.7	110	12
Orange	2.3	20	11
Yellow	1.8	20	10

Registration, Start Times and Course Closure

Registration is from 10:00 to 12:00. Starts from 10.30 to 12:30. Courses close at 14:30. YOU MUST download, even if you retire. This is a safety requirement.

Toilets: These will be available on the parking field.

Dogs: Lambs are in the fields in the valley. Please keep all dogs on a lead in the car parking field. No dogs on course.

Safety Competitors take part at their own risk and are responsible for their own safety. Whistles are recommended. Suitable bad weather clothing may be compulsory, come prepared with – a hooded waterproof.

First Aid will be available at registration/enquiries/download (all one place).

Walk to the start/finish.

The walk to the start is ~800 m (100m climb). There are two finishes (F1 close to parking field and F2 ~600m from parking/registration/download).

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