

# **West Cumberland Orienteering Club**

2012 Galloper event no. 2

Sunday 5<sup>th</sup> February 2012

## **Miterdale Forest**

Miterdale is a beautiful, quiet side valley off the lower end of Eskdale. Miterdale Forest has a mixture of mature open forest running, some amongst delightful beech woodland, while other areas present plenty of technical and physical difficulty!

Courses: Brown, Blue, Green, Short Green, Light Green, Orange, Yellow.

Registration: 10.00 to 12.00

Starts: 10.30 to 12.00

Fees: Adults £7 (£5 for BOF members), Juniors £2

Entries: EOD only

Access will be signed from Eskdale Green village at road junction, GR NY135002, which is approx. 100m W of Irton road station.

Parking: On forest roads near Miterdale road end GR NY146012. Access is impossible for coaches and a bit tight for minibuses.

Parking Fee: £1 per car, £2 for minibuses.

The road up Miterdale is single track with few passing places. Please arrive early and leave late to avoid congestion.

Start is 450m from Assembly area. Finish to Assembly is 150m. Route to Start passes Finish.