



West Cumberland Orienteering Club

Week 50

10 December 2012



Upcoming Fixtures....

THIS WEEK **Thur 13 December**
at Mawbray Dunes. A wonderful little area of sand dunes. This will test your navigation. Starts from 6.15pm to 7.15pm. Long, short and easy courses.

NEXT WEEK **Thur 20 December**
at Bleach Green. A new map on a relatively new area, only used for school events in the past. The area is on the SW end of Ennerdale Water and includes some of the wooded slopes. Perfect for your first night-O event! Starts from 6.15pm to 7.15pm. Long, short and easy courses.

Orient8 continues

Stainburn school, sports hall, on Tuesday evening, 6.30pm start. Balance, agility and co-ordination - just what you need to improve your performance in the forest! **There will be a fun event in the second half with a definite festive side to it. Not to be missed! Last session before the Xmas break.**



Club Kit Sales

A new order has been placed with Trimtex and they have offered a delivery date of week 50 (which is this week... so fingers crossed!). Various sizes of club O-top have been ordered, along with a selection of jackets. I'm sure someone will be taking on the role of custodian of the gear and will take your orders. Reply to this email if you wish to put your name against a particular item!

Publicity for our Club & Sport

We are still looking for ideas for publicity opportunities. We would like to build up a list of places that we might be able to use. Please reply to this email if you know of somewhere that you can suggest.

The highly successful **Junior Festive Coaching** session was held at the weekend at Loweswater. Thanks to all the coaches involved and to the great band of juniors who definitely got into the spirit of the activity - spaghetti and balloons. Thanks to Steve Breeze who put together a short movie of the day. It has been uploaded to the web and there is a link from the club's Facebook page. If you haven't seen it yet then do spend a minute or two having a look.

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

Club Night & Club Chase

These events are being planned for mid January. Further details will appear when confirmed. The Club Chase will be in Buttermere on a newly mapped extension to an existing map - thanks to Pete Nelson.

The Club Night (Jan 12) will include a Barn Dance (always good fun) and food. There will also be a presentation of various awards. The Club Chase (Jan 13), for those new to the club, is a chasing start colour coded event, with a start time allocated to you (by the statistician - who can't be bribed!!). The start time is worked out so that you will finish at Noon, if all goes to plan and you run to form. You will need to book a place for a map.

Membership Renewal Time

You can renew your membership online on the BOF website. 22 out of ~100 units have renewed so far!

Knock Murton 04.12.2012

(Selection from results.)

Long		
1st	Alan Irving	50:56
2nd	David Spencer	51:34
3rd	Pete Nelson	56:32
4th	Andrew Bradley	58:17
5th	John Slater	58:22
6th	Kevin Hodgson	61:12
7th	Jeff Goodwin	63:49
8th	Chris Pollitt	66:11
9th	David Downes	69:46
10th	Roger Jackson	79:50
11th	Bob Barnby	81:29
Short		
1st	Margaret Mackenzie	43:34
2nd	Susan Skinner	44:04
3rd	Lynne Thomas	51:50
4th	Brian Wilson	55:55
5th	India Vecqueray	64:45
6th	Colin Smith	90:35