

Upcoming Fixtures....

THIS WEEK Thur 27 December

around Cockermouth. A run around the streets of Cockermouth using the new urban map of the town. Perfect for your first night-O event and a chance to exercise off some of the season's excesses! Starts from 6.15pm to 7.15pm. Long, short courses. Please support Callum & the NWJS!

NEXT WEEK Thur 3 January at

Whinlatter. A mass start score event around the forest close to the Visitor Centre. See website for details. Great fun with lights all over the place, and can you keep up with the faster runners.

...and others

Sat 29 December 2012 BL Informal Event

Christmas Charity Informal Event. Whittas Park on A591 between Bothel and Keswick. Park in the layby at GR NY 392585. Courses suitable for a range of abilities from novice to experienced. Entry fees a donation for local charity. Start – 10.30 – 12.00. Contact - Geoff Armer 016973 71579, www. bl-orienteering.org.uk

Tue 1 January 2013 WCOC Informal Event

Special New Year's Day event. Setmurthy, nr Cockermouth. Starts 10.30 – 11.30. Parking at NY166314. Planner Dave Fenwick. Full details on www. wccc.co.uk and on club ansaphone in week leading up to event 01768 895539

BEER TRAIL 2012

Usual format – you go to the first grid reference where you'll find a stake with the next reference. Carry on until you get to the beer & chocolate. All details will be on the website. Leave plenty of daylight and carry a decent torch. LONG COURSE: about 9 km straight line SHORT COURSE: about 9 km straight line Recommended Parking: Hope Beck NY 1689 2418 1st checkpoint: Long and Short: Sheepfold NY 1692 2382 Avoid the Ladyside Pike to Hopegill Head ridge in snow or ice. There are other rocky and steep places which are hazardous in winter conditions. Look out for Mountain Bikes in the forest.

WE DON'T KNOW YOU'RE OUT THERE YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY We've planned it on the OS 1:25,000 NW sheet

- or take a map that that is bounded by grid lines 16 (W), 21 (E), 27 (N), and 21 (S) (the short course won't go north of grid line 25)

Keep an eye on the Facebook page for Club goings-on! http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info

Club Night & Club Chase

These events are being planned for mid January. Further details will appear when confirmed. The Club Chase will be in Buttermere on a newly mapped extension to an existing map - thanks to Pete Nelson.

The Club Night (Jan 12) will include a Barn Dance (always good fun) and food. There will also be a presentation of various awards. The Club Chase (Jan 13), for those new to the club, is a chasing start colour coded event, with a start time allocated to you (by the statistician - who can't be bribed!!). The start time is worked oput so that you will finish at Noon, if all goes to plan and you run to form. You will need to book a place for a map.

Bleach Green 20.12.2012

(Selecti Long	ion from results.)	
1st	Mike Harrison	44:57
2nd	Lewis Taylor	45:24
3rd	David Spencer	47:01
4th	Alan Hartley	52:48
5th	Jeff Goodwin	53:56
6th	Steven Breeze	58:35
7th	Bob Barnby	60:27
8th	Roger Jackson	60:43
9th	John Taylor	63:57
10th	Angela Jackson	67:55
11th	David Downes	78:46
Short		
1st	Margaret Mackenzie	37:14
2nd	Susan Skinner	42:58
3rd	Ged Hagan	47:02
4th	Brian Wilson	50:26
5th	Penny Kingsland	61:38
6th	Louise Hagan	67:40
7th	Tony Pennick	70:15
8th	Philip Robinson	71:03
9th	Donald Scarrott	92:34
Easy		
1st	Jess Breeze	14:25
2nd	Hazel Newport	14:26
3rd	Sarah Newport	16:15