



# West Cumberland Orienteering Club

Week 7

11 February 2013



## Upcoming Fixtures....

**THIS WEEK** **Thur 14 February at Noble Knott, Whinlatter Forest.** Forested terrain with a piece of open fellside. Wild and remote, with parking at Noble Knott. Starts 6.15 to 7.15pm. See [www.wcoc.co.uk](http://www.wcoc.co.uk) for details, and check for any changes in the event as we get closer to the day. Cost £3/£1.50. Dress appropriately for the weather conditions and carry extra clothing.

**NEXT WEEK** **Thur 21 February on Low Fell (Mosser), near Cockermouth.** Open fell with large fields. Quite wild. Starts 6.15 to 7.15pm. See [www.wcoc.co.uk](http://www.wcoc.co.uk) for parking details, and check for any changes in the event as we get closer to the day. Cost £3/£1.50. Dress appropriately for the weather conditions and carry extra clothing.

### Orient8 this week

Half term so we take a break this week. But we are back next week, refreshed and raring to go!

### 2013 Galoppen No.1 on Sale Fell

The details of the event, to be held on Sunday 24<sup>th</sup> February, can be found on the club website. Please do some advertising for the event by spreading the word about. By word of mouth is often the best advertising!

### Compass Sport Cup

The qualifying round for CSC takes place this coming Sunday 17<sup>th</sup> February at Claife Heights, organised by Lakeland Orienteering Club. Check the LOC website for the parking arrangements. Cars that are full have lower parking charges. Also.... the start times will be available on Fabian, so you can check yours. See you there.

The area has lots of fantastic charcoal burning platforms, some with a proper stone retaining wall on the downhill side, so easy to spot if you are below them on the slope.

### Sale Fell Galoppen: 24 Feb 2013

The **WHITE** team are looking after this one. Dick Warner is planning, John Taylor is controlling, and Kim & Howard Leslie are organising. Please offer your help directly to Kim or reply to this email if you can manage one of the jobs on the day.

### Yvette Baker Qualifier

#### Round - 10<sup>th</sup> March

The event is being held at Holker Woodlands, Cartmel on Sunday, 14<sup>th</sup> March, and organised by LOC. This competition is for juniors with the qualifying club going to the final later in mid summer. Please let Margaret know if you are available to run for the club. Either contact direct or reply to this email. Courses available will be Yellow to Green.

### British Night Champs

These were held at the weekend in Tankersley Woods near Sheffield. The ladies did brilliantly with four of them making the podium.

Helen Winskill won W35, and Ange Jackson third. Susan Skinner was second on W45 and Margaret Mackenzie was second on W50. The guys??.... a different story! Maybe the Northern Nights will be more successful.

### Whoop 7.02.2013

(Selection from results.)

#### Long

1st	John Slater	44:55
2nd	Andrew Bradley	45:50
3rd	Mike Harrison	49:10
4th	Michael Billinghamurst	50:06
5th	Alan Irving	50:25
6th	Pete Nelson	55:30
7th	Kevin Hodgson	56:07
8th	Steven Breeze	57:13
9th	John Taylor	58:04
10th	Katrina Hemingway	62:08
11th	Roger Jackson	73:46
12th	Martin Skinner	78:26

#### Short

1st	Susan Skinner	37:56
2nd	Margaret Mackenzie	38:20
3rd	Angela Jackson	38:48
4th	David Downes	38:50
5th	Alastair Thomas	45:09
6th	Jonathan Eaton	84:46

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>