



# West Cumberland Orienteering Club

Week 36

2 September 2013



## Upcoming Fixtures....

**THIS WEEK** **Thur 5 September, Keswick.** The first of the park series. Venue is in Keswick with the parking at the Theatre by the Lake car park. Short courses with fast racing! Courses, long & short (plus a very short one as well) with 15min winning times. Cost is £3/£1.50. Starts are from 6pm. See website for details.

**NEXT WEEK** **Thur 12 September, Harris park, Cockermouth.** The second of the park series. Street parking close to Harris Park. Short courses with fast racing! Courses, long & short with 15min winning times. Cost is £3/£1.50. Starts are from 6pm. See website for details.

## Peter Palmer Relays- Sun 8<sup>th</sup> Sept.

The final preparations for the event are in hand. We have three teams entered, and for many of the runners it will be their first experience of this race. Six courses to be run, starting at 5am with a longish Red course and finishing at about 9am after a longish Green course, with LtGreen, Yellow and Orange courses also being run. It is a great format! Hawse End is a perfect venue... so the best of luck to everyone running.

## Advertising Our Events

Every now and again we advertise our events with fliers and posters. With the Park Races just starting we have a flier for them. Can you find somewhere to display one of our A5 leaflets? Just get one from the Keswick event on Thursday and post it up at work or on a noticeboard you pass daily.

These informal Park Races are an ideal starting point for families and youngsters. Please tell your neighbours and friends to come along and try one. Ian Lowles has spare copies to pass on to you.



## Winter Night Series

The series will start in November. The events are a great opportunity to improve your navigation as the dark forces you to read the map and use all the 'O' skills. The early venues before Xmas are on easy terrain. Get yourself a good headtorch and come along and try them.

## Whinlatter Finale 29.8.13

(Selection from results.)

Long

1st	Lewis Taylor	48:47
2nd	John Slater	52:01
3rd	Mike Harrison	53:33
4th	Ian Cumpstey	55:42
5th	Alex Kendall	57:12
6th	Howard Leslie	57:21
7th	David Spencer	57:28
8th	Alastair Thomas	58:20
9th	Martin Skinner	59:13
10th	Pete Nelson	60:19
11th	Andrew Bradley	62:13
12th	Graham Watson	63:31
13th	Jeff Goodwin	67:52
14th=	Richard Butler	68:45
14th=	Steve Breeze	68:45

Short

1st	Susan Skinner	34:23
2nd	Katrina Hemingway	37:07
3rd	Michael Pearson	39:25
4th	Roger Thomas	39:26
5th	Roger Jackson	39:34
6th	Hannah Bradley	43:08
7th	Daniel Spencer	43:54
8th	Tony Duncan	49:36
9th	Ian Teasdale	51:11
10th	Mike Cumpstey	51:35
11th	David Fenwick	53:31
12th	Kate Skinner	56:07
13th	Ann Cummings	57:11
14th	Gerry Garvey	58:42
15th	Joan Cumpstey	59:20

Novice

1st	Rosie Spencer	11:10
2nd	Henry Teasdale	11:34
3rd	Hannah Rumney	11:35
4th	Joseph Sunley	12:48
5th	Ella Smits	16:39
6th	Sebastian Smits	17:01
7th	Katie Wiasara	17:09

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>