



# West Cumberland Orienteering Club

Week 44

28 October 2013



## Upcoming Fixtures....

**THIS WEEK** **Thur 31 October, Spook-O, Whinlatter.** This is our annual Hallowe'en special. Specially dressed sites, all mof a spooky nature, along the paths in Whinlatter Forest, especially designed for the younger members of families. It always attracts a good turnout. Tell your neighbours about it..... it's great fun.

**NEXT WEEK** **Thur 7 November, Slate Fell, nr Cockermouth.** This is the first event of the Night Series. Three courses, long, short and novice. Easy terrain for a first go. Starts from 6.15 to 7pm. Cost £3/£1.50. See the website for parking etc.

## Orient8 starts soon

Four sessions are being planned before Xmas, 5, 12, 19 and 26 November. Times 6.50 to 8pm at Brigham School. The sessions are aimed at younger juniors but adults are most welcome. The sessions will develop the various map and navigation skills needed for successful orienteering.

There will be a further four sessions after Xmas. If you would like to be involved in the delivering of these sessions then please contact Lynne Thomas or reply to this email.

There will be a level one coaching course soon for anyone interested in the development of the club and the sport. We need to keep our junior section growing and talented!!

## Advertising Our Events

Every now and again we advertise our events with fliers and posters. With the Night Series and a Saturday Series about to start we have a couple of fliers to advertise them. Can you find somewhere to display one of our A5 leaflets? Just get one from the Cockermouth event on Thursday and post it up at work or on a noticeboard you pass daily.



Ian Lowles has spare copies to pass on to you.

**Please help to advertise our sport!**

## Night Events

The winter series of night events is about to start. The early venues in the series are on easier terrain. They are an ideal opportunity to develop your navigation and map reading skills. Get a good head torch and have a go. They are such good fun! Keep an eye on weather conditions and dress appropriately. The ground can be very wet.... footwear!! Personal safety should be considered.... it is advised you carry a whistle and a cagoule. Please be back at DOWNLOAD by 8.30pm. The planner will have to collect the controls in after you are all back. Arrive for an early start if you are likely to be out for awhile!

**Enjoy the challenge.**

## Current Ranking Scores

1 (92 +2)	Lewis Taylor	7817
2 (196 +4)	Charlotte Watson	7636
3 (204 +4)	Helen Winskill	7621
4 (224 +5)	Michael Billinghurst	7594
5 (242 +2)	David Spencer	7578
6 (300 +1)	Alan Irving	7503
7 (311 -6)	John Slater	7482
8 (384 +4)	Mike Harrison	7398
9 (390 +6)	Andrew Bradley	7389
10 (505 -13)	John Taylor	7240
11 (590 +7)	Katrina Hemingway	7156
12 (645 +12)	Howard Leslie	7120
13 (675 -33)	Roger Thomas	7095
14 (680 +8)	Martin Skinner	7092
15 (783 +7)	Michael Pearson	6997
16 (820 +7)	Colin Valentine	6964
17 (849 +12)	Susan Skinner	6941
18 (870 +16)	Graham Watson	6921
19 (904 +12)	Kate Charles	6892
20 (956 +15)	David Downes	6846
21 (1008 +15)	Steven Breeze	6809
22 (1082 +9)	Hannah Bradley	6755
23 (1156 +13)	Roger Jackson	6687
24 (1156 -8)	Tony Duncan	6687
25 (1165 -130)	Rosie Watson	6682

Keep an eye on the Facebook page for Club goes-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>