



# West Cumberland Orienteering Club

Week 50

09 December 2013



## Upcoming Fixtures....

**THIS WEEK** **Thur 12 December, High & Low Hows, Borrowdale.** Three courses, long, short and novice. A lovely little area of deciduous woodland and complex contours. Starts from 6 to 7.15pm. Cost £3/£1.50. See the website for parking etc.

**NEXT WEEK** **Thur 19 December, Caer Mote near Bothel.** Three courses, long, short and novice. Open fell. Follow in the footsteps of the Roman garrison that once were stoned here. Starts from 6 to 7.15pm. Cost £3/£1.50. See the website for parking etc.

**Sat 14 December, Silloth.** The second of our Saturday morning series with Yellow, Orange and Lt.Green courses available. Starts from 11am to 12 noon. Cost £3/£1.50. See the website for parking etc.

### Fenwick's Festive Frolics

Dave Fenwick has planned two great events for you for the festive period. Boxing Day is at Powder How near Thornthwaite, and New Year's Day at Mawbray on the dunes. All proceeds go to the nominated charities supported by the club.

### The Annual Beer Trail

This year's Beer Trail will open on Saturday 21<sup>st</sup> December, and close on Sunday 26<sup>th</sup> January. Courses will probably be about 9km (long) and 6km (short). Usual format: nearer the time we'll give you the grid reference of the first checkpoint. When you get there, there'll be another grid reference, and so on until you get to the goodies. This year, there'll be a special downloadable O-map as well. More details later on the website.

Although this is an event planned by the club (by Pete Nelson) there is no safety check when you go out to do it. If competing on your own then please let someone know that you have started.... and when you have finished!



### Club Jackets

Stylish Trimtex club jackets together with O-tops and beanies are available from Steve Telford. Reply to this email if you would like to purchase one of them.

### Next Newsletter

Have you got a contribution for the next newsletter? Send to Graham Watson for inclusion in the next issue. An article reflecting on any aspect of 2013? I'm sure you have a story to tell!!

### Penrith Urban

Saturday morning urbanO and then Xmas shopping. What could be better! A win on the short course, with a nine minute margin for Alastair Thomas, with Kate Skinner second and Henry & Wilfrid Teasdale in third and fourth. Mike Pearson was sixth on the long, with Martin Skinner eighth and Howard Leslie twelfth.

### Holme Wood 05.12.13

(Selection from results.)

Long

1st	Lewis Taylor	36:33
2nd	Richard Wren	40:38
3rd	John Slater	47:01
4th	Mike Harrison	47:14
5th	Alastair Thomas	47:50
6th	Alan Irving	49:05
7th	Callum Pearson	50:53
8th	Katrina Hemingway	50:57
9th	Jeff Goodwin	52:03
10th	Chris Pollitt	53:54
11th	Andrew Bradley	54:03
12th	Chris Emerson	55:31
13th	Susan Skinner	56:17
14th	Pete Nelson	58:15
15th	Hannah Bradley	58:47
16th	John Taylor	59:22

Novice

1st	Joseph Sunley	18:49
2nd	Herbie Ashworth	31:01

Short

1st	Heather Wornham	47:46
2nd	Margaret Mackenzie	52:05
3rd	Joyce Hemingway	56:03
4th	Colin Smith	68:03
5th	Penny Kingsland	74:39
6th	Tony Pennick	85:41
7th	Donald Scarrott	91:49
8th	Jessica Breeze	93:47

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>