



Upcoming Fixtures....

THIS WEEK Thur 30 January, Owsen Fell, Lorton. A newly mapped area of open fellside, which will be quite exposed if the weather is poor. Come prepared. Only long & short courses on offer. Cost £3/£1.50. See the website for parking etc.

Thur 6 February, Buttermere. A newly mapped area of open fellside and woodland near Buttermere Village. Only long & short courses on offer. Cost £3/£1.50. See the website for parking etc.

Sat 8 February, Fingland Rigg. Courses on offer will be White, Orange and Green. See BL club webpage for all the details.

Sun 9 February, Bouth. First Galoppen of the 2014 series. See LOC website for all the details. We are defending the Borrowdale Trophy.... so lets get a good start and earn some good Galoppen points.

The series will be very busy in March with three events planned, by ourselves, BL and LOC. Hope your training has been going well. Don't forget your 'O' tops!

January Newsletter

The current newsletter is being printed at the moment and some will be distributed this Thursday.

Membership Renewal

Have you renewed yet. BOF database shows about 67 membership units renewed up to now, so still a few to go. Please rejoin asap.

Event Cancellations

The weather has shown its wintry side recently with hail showers. With the threat of snow please check before travelling that the event is still on. Cancellation decisions can be made quite late.

It is also a good idea to carry extra clothing, a whistle and a bivvy bag in a bumbag in case there is a change in the weather or you have an accident. Think of your own safety and possibly that of an injured competitor you might come across... plan ahead!



Proper orienteering at Fangs Brow.

Swarth Fell 23.1.14

(Selection from results.)

Long

1,	Lewis Taylor	31:33
2,	Richard Wren	32:37
3,	John Slater	35:37
4,	David Spencer	38:01
5,	Rob Stein	38:50
6,	Pete Nelson	40:42
7,	Alan Irving	42:57
8,	Andrew Bradley	43:36
9,	Daniel Spencer	43:43
10,	Jeff Goodwin	44:54
11,	Simon Hunter	45:53
12,	Chris Pollitt	46:31
13,	John Taylor	48:25
14,	Susan Skinner	48:42
15,	Bob Barnby	49:09
16,	Steven Breeze	50:18
17,	Mike Hind	51:37
18,	Bobby Hagan	52:56
19,	David Downes	53:16
20,	Kevin Hodgson	53:51
21,	Lynne Thomas	56:09

Short

1,	Margaret Mackenzie	32:01
2,	Roger Jackson	34:02
3,	Ged Hagan	34:06
4,	Philip Jennings	36:17
5,	Niamh Hunter	37:24
6,	Ian Teasdale	43:10
7,	Penny Kingsland	46:50
8,	Annette Milburn	57:09
9,	Ben Goodwin	58:46
10,	Donald Scarrott	73:45

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>