



## Upcoming Fixtures....

### **THIS WEEK** Thur 3 July, Dent, Uldale.

Open fell and some forest. See website for the parking details. Usual long, short and novice courses will be available. Cost £3/£1.50 with starts 6.00 to 7.15pm.

### **Sun 6 July, Rannerdale.**

Club coaching session from 2pm to 3pm for all. 3.15pm to 5pm for a novel score event and club social. Bring picnic.

### **Thur 10 July, Parish Relays, Kelton Fell.**

This event is one of the highlights of the calendar. Relay teams of three with a 'loose' Parish composition. Junior teams have their own competition and set of courses. Declare your team so that maps can be prepared. Reply to this email with names.



Start setup for the Flanl

### **Schools League Final**

Many thanks to everyone who helped produce a great final to the 2014 series of school events; without the group of willing adult helpers it just wouldn't happen. 200 pupils took part. Hopefully we will see a few of those attending our Thursday evening events.

### **Allerdale Bike Challenge**

The fourth event is on Wed 2nd July in the Ennerdale area. Pre-enter via [www.bmbo.org.uk](http://www.bmbo.org.uk)

**Twitter.** You can follow @WCOC2014

### **Allerdale Chase**

David Spencer did a great job with this new addition to the calendar.

The long-O format is 'niche' but does attract a loyal following.

Congratulations to the winners: Andrew Llewellyn of NOC on the Long course, Mark Johnston of FVO on the Medium and our very own Alastair Thomas who took the Short course title.

Looking forward to next year!

### **Gillerthwaite 26.6.14**

(Selection from results.)

#### Long

1st	John Slater	48:37
2nd	Mike Harrison	50:28
3rd	Lewis Taylor	53:08
4th	Chris Emerson	58:31
5th	Jeff Goodwin	59:40
6th	John Taylor	61:19
7th	Howard Leslie	63:26
8th	Steven Breeze	63:55
9th	Andrew Bradley	65:43
10th	Angela Jackson	68:19
11th	Ray Johnstone	70:00
12th	Bob Barnby	74:09
13th	Kate Charles	74:35
14th	Katherine Lowles	75:44

#### Short

1st	Roger Jackson	40:47
2nd	Richard Cummings	42:19
3rd	Colin Smith	48:42
4th	Ian Teasdale	48:50
5th	Fran McDonald	48:52
6th	Syd Thomas	51:16
7th	David Fenwick	52:36
8th	Henry Teasdale	52:47
9th	Jenny Wren	57:29
10th	Gerry Garvey	57:49
11th	Penny Kingsland	60:00
12th	Joe Goodwin	61:14
13th	Jonathan Eaton	61:22
14th	Ged Hagan	63:15
15th	Jonty Goodwin	69:34

#### Easy

1st	Isabelle White	7:14
2nd	Wilfrid Teasdale	10:43
3rd	Geoff Chambers	23:17
4th	Kieran Chambers	23:19
5th	Ella Chambers	23:24

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>