



Upcoming Fixtures....

THIS WEEK Thur 17 July, Darling How.

The area will be familiar to those who did the recent Allerdale Chase. Usual courses, long, short and novice. Starts 6-7pm. Cost £3/£1.50.

Thur 24 July, Cogra Moss & Burnbanks.

A mixture of forest and fell. See website for details. Usual courses, long, short and novice. Starts 6-7pm. Cost £3/£1.50.

Lakes 5 Days - help needed please

We are now getting very close to the Lakes 5 Days. WCOC are organising Simpson Ground on Monday 4th August. Volunteers needed to help on the day - please contact Rob Holder - rob.holder@btinternet.com, 01768 865791. Please let Rob know as soon as possible if you have some free time on the Monday to help.



Briefing at Parish Relays

Allerdale Bike Challenge

The fourth event is on Wed 16th July at Mawbray. Pre-entire via www.bmbo.org.uk

Twitter. You can follow @WCOC2014

Parish Relay Results

This year's winning team and therefore having the pleasure of planning next year's event....

Pete Nelson, John Slater, Rob Stein. Congratulations. Second home were John Taylor, Lewis Taylor, Ben Breeze. Third team were Solomon White, Matthew Blackley, Philip Jennings.

First junior team were Hannah Rumney, Isobel White, Madeleine White. Second placed team were Jonty Goodwin, Joe Sunley, Henry Teasdale.

Great event. Thanks Graham Watson & Jeff Goodwin.



Winning Junior Team

Saunders MM

There were great performances from many club members at the Saunders this weekend. Lewis Taylor won the solo Klets class - brilliant.

David & Daniel Spencer won the Bedafell, with rivals, the Thomas' father and son combo in fourth.

Simon Hunter was well placed on Pillar. Father and daughter pair, Andrew and Jenny Bradley were well placed on Wansfell.

Keep an eye on the Facebook page for Club going-ons!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>