



Upcoming Fixtures....

THIS WEEK Thur 21 August, Latterbarrow. Open fell on Kinniside Common. See website for the parking details. Usual courses, long, short and novice. Starts 6-7pm. Cost £3/£1.50.

Thur 21 August, Whinlatter. Final event of the summer series with presentation in the pub afterwards. See website for the parking details. Usual courses, long, short and novice. Starts 6-7pm. Cost £3/£1.50.

Sprint Series

The Autumn sprint series is taking shape at the moment with a seven event programme visiting Maryport, Cockermouth, Silloth, Whitehaven, Workington and Keswick. These events are always very popular and are ideal as an introduction to the sport. Please tell as many friends as possible about them and bring them along. There will be some fliers, so please take some of those and advertise the series as widely as you can.



AGM

Just a quick 'early flag up' for the AGM in October. If you would like to get involved in the running of the club and help to make sure all the jobs get done please have a word with the chair (John Taylor) or the secretary (Lesley Wornham). Is there a topic you would like discussed at the AGM, or something you feel the club ought to be doing? Email your ideas if you wish. This is the perfect time for ideas to move the club forward & improve what we do.

2014 Galoppens

Please be sure you complete five galoppens on the same colour course to get your maximum points in the league! The Borrowdale Trophy is at stake!

Twitter. You can follow @WCOC2014

Next Newsletter!

So many major events over the summer, with Slovenia, Croatia, Swiss week, Lakes5, World Uni Champs! ... not to forget our own summer series. There will be some good stories to tell from them.... Graham would love to hear from you on your exploits. How about writing about.... an O highlight, short paragraph and photo would be great!
You can email it all over to Graham.

Whinlatter Fell 14.8.14

(Selection from results.)

Long		
1st	Richard Wren	47:36
2nd	Mike Harrison	51:28
3rd	John Slater	53:38
4th	Ian Cumpstey	54:29
5th	Michael Billinghamurst	55:53
6th	Pete Nelson	57:03
7th	Andrew Bradley	57:19
8th	Howard Leslie	63:28
9th	Bob Barnby	66:48
10th	Stuart Parker	67:43
11th=	John Taylor	69:22
11th=	Jeff Goodwin	69:22
13th	Raymond Wren	70:02
14th	Susan Skinner	71:20
15th	Chris Pollitt	73:37
Short		
1st	Roger Thomas	42:42
2nd	Roger Jackson	45:57
3rd	Ian Teasdale	47:06
4th	Ged Hagan	49:10
5th	Tony Duncan	50:41
6th	Jenny Wren	53:30
7th	Philip Nichols	55:54
8th	Anne Burbidge	60:33
9th	Catherine Wetherfield	62:36
10th	Henry Teasdale	63:25
11th	Mike Cumpstey	64:53
12th	Joan Cumpstey	67:04
13th	Louise Hagan	67:19
14th	Syd Thomas	68:48
15th	Deborah Goodwin	69:15
Novice		
1st	Carys Thomas	16:40
2nd	Wilfrid Teasdale	18:46
3rd	Isabel Sunley	34:07

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>