



Upcoming Fixtures....

THIS WEEK Fri 26 December. The Boxing Day special on Mawbray Dunes from the Garden Centre. Details on the website.

Sun 28 December, Binsey. BL's Xmas special on Binsey Fell near Bothel. Details on BL website.

Thur 1 January, Sale Fell. New Year's Day special. All details on club website.

Membership Renewals - 9 days to go!

Have you renewed your membership? Only £5 (senior), £2 (junior)!!! The renewals need to be done before the end of December. Insurance cover will only be in place if you have renewed.

Club Chase & Club Night

The Club Chase this year is at Scale Hill, on Sunday 11th January, with a revamped (new) map by Pete Nelson, with planning by Kim & Howard Leslie, and handicaps by Alan Irving. Everyone welcome to enter. Just **REPLY TO THIS EMAIL** and say you want a map prepared for you, and say which colour course you want to run. Your start time should give you a finish at mid-day.... if your handicap is right!

The Club Night this year is at Braithwaite near Keswick, at the Braithwaite Institute Hall, Saturday 10th January, with Village Green providing the Ceilidh. Always a great social event. Cost is £7 (senior) and £4 (junior). The food and drink is DIY with everyone bringing something for the buffet. Check out the details on the club website and let Catherine Wetherfield know that you are coming and what food you would like to provide.

Beer Trail now open!

The annual long O event is around the fells on Kinniside this year. Planner Pete Nelson has sorted the courses. The details are on the **club website** with the start from Bleach Green, Ennerdale. Please remember that nobody knows you are doing the course unless YOU tell them! Please carry adequate clothing and other survival kit appropriate for the weather conditions.

A Night Hawk Course!

The night event series moves up a notch after Xmas with more technical and exposed areas being used. We will be adding a 3-4km easy course (like a long orange) to the mix for those people who would like the experience of running at night without the added burden of finding TD5 controls. Leaps Beck, Blakely, Threlkeld, Sale Fell, Darling How, Blea Tarn & Worm Gill will give an exciting edge to these runs. Have a go!

Winter Weather!!

Please check the websites before you set off to an event, particularly if you have far to travel, to check for possible cancellations. Please always come to events prepared for the worst conditions, and at night carry plenty of extra clothing, spare torch and whistle.

Mawbray 18.12.14

(Selection from results.)

Long

1st	Matthew Vokes	25:33
2nd	Alastair Thomas	30:02
3rd	Ian Cumpstey	37:22
4th	David Spencer	38:59
5th	Jeff Goodwin	39:29
6th	Mike Harrison	39:42
7th	Pete Nelson	39:49
8th	Roger Thomas	43:47
9th=	Susan Skinner	46:39
9th=	Ben Martland	46:39
9th=	Michael Billinghurst	46:39
12th	Lynne Thomas	46:52
13th	Stephane Helle	47:00
14th	David Downes	49:21
15th	Chris Pollitt	52:30

Short

1st	Niamh Hunter	33:16
2nd	Louis Morris	44:16
3rd	Margaret Mackenzie	45:34
4th	Joe Goodwin	54:57
5th	Donald Scarrott	92:12

Novice

1st	Carys Thomas	14:37
2nd	Jayden Fee	17:56
3rd	Jonty Goodwin	22:54

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>