



## Upcoming Fixtures....

### **THIS WEEK Thur 8 January, Leaps**

**Beck.** The first of the 2015 night events. Leaps Beck is open fellside and can be very tricky in dark and misty conditions. There will be an easy 'Night Hawk' course for those who want less of the navigational dilemmas. Details on the website.

**Sat 10 January, Club Night.** See details on the website. Book your place, and organise your DIY food.

**Sun 11 January, Club Chase.** Scale Hill. Mass finish at mid-day. Book your place. See website for the details.

### **Helping out at the Chase.**

If you are not planning to run in the Club Chase on Sunday are you available to lend a hand with one or two jobs on the morning; running the start or manning the finish. Please reply to this email or contact Kim Leslie direct. Thanks.

### **Event Fees for 2015.**

Entry fees for the Evening Events (our level D events) will increase to £3.50 for seniors and £2 for juniors. This is in line with the AGM decision to have a zero membership fee for WCOC, and to recover the resultant shortfall by increasing the entry fees. Please remember you will need to renew (or join) British Orienteering (£5 senior and £2 junior) to have the required insurance cover. This can be done online at [www.britisshorienteering.org.uk](http://www.britisshorienteering.org.uk)

### **Spring & Summer Evening Events**

Arrangements are in hand for the 2015 series of spring and summer evening events. Do you fancy having a go at some planning this year? There is plenty of mentoring available if you feel you may need it. Mike Harrison is organising the series so you can contact him for a venue/date of your choice. Get in early!  
The spring series this year will have park/urban/sprint formats replacing the fell series. However, a 'Day Hawk' course (very long Orange) is also, possibly, on the cards.

### **A Night Hawk Course!**

The night event series moves up a notch after Xmas with more technical and exposed areas being used. We will be adding a 3-4km easy course (like a long orange) to the mix for those people who would like the experience of running at night without the added burden of finding TD5 controls. Leaps Beck, Threlkeld, Sale Fell, Darling How, Blea Tarn will give an exciting edge to these runs. Have a go!

## **Club Chase & Club Night**

The Club Chase this year is at Scale Hill, on Sunday 11<sup>th</sup> January, with a revamped (new) map by Pete Nelson, with planning by Kim & Howard Leslie, and handicaps by Alan Irving. Everyone welcome to enter. Just **REPLY TO THIS EMAIL** and say you want a map prepared for you, and say which colour course you want to run. Your start time should give you a finish at mid-day.... if your handicap is right! About **40** have booked a map so far. Reply asap please.

The Club Night this year is at Braithwaite near Keswick, at the Braithwaite Institute Hall, Saturday 10<sup>th</sup> January, with Village Green providing the Ceilidh. Always a great social event. Cost is £7 (senior) and £4 (junior). The food and drink is DIY with everyone bringing something for the buffet. Check out the details on the club website and let Catherine Wetherfield know that you are coming and what food you would like to provide.

Keep an eye on the Facebook page for Club goes-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>