



Upcoming Fixtures....

THIS WEEK Thur 19 February, Worm Gill. Wild and exposed.... a toughie!, for those who crave a real challenge. There will be a Night Hawk course for those who want a run without the hassle of finding technical control sites. See website for details.

Sun 22 February, Binsey Galoppen. The second of the 2015 Galoppens. Close to home on familiar terrain, so plenty of opportunity for some good scores for the defence of the Borrowdale Trophy. See BL website for parking etc.

Thur 26 February, Hawse End. Last of the winter series with presentation in the pub after the event. There will be a Night Hawk course for those who want a run without the hassle of finding technical control sites. See website for details.

CompassSport Cup Qualifier 2015.

The club is staging this event on High & Low Rigg on 15th March. Planner is Helen Winskill. This is a superb piece of terrain which will test your navigation.

Alan Irving is collating the WCOC team, and all entries have to go through him. Let him know if you would like to run, and which colour course. We need the strongest team so we can progress to the final!

Spring Evening Events

With the daylight stretching further into the evenings our Spring Thursday events will move to a different format. The details are on the website, with the first, on 5th March, in Setmurthy Forest near Cockermouth. It will be a mass start score. You will still need your torch.

The second event will be a street event in Cockermouth. Check for start times closer to the events.

Slate Fell, 15th Feb

The third winter Sunday informal was planned by Simon Hunter - thanks. A good turnout with quite a few young families.

Midland Champs

Great performances at the w/e. Alastair Thomas taking gold on M16. Silver for Mike Pearson (M70), Lynne Thomas (W45L) & Vanessa Brierley (W45S)

Northern Night Champs

Looks like this event, which had been scheduled for this Saturday evening, is not likely to happen. The NATO website says that permissions are not in place.

Club gear

With the main competition events on the horizon have you got your O-top sorted? A new order has arrived and will be available for purchase.



Steve Telford says he will be at the Binsey Galoppen on Sunday with the kit.

Coaching this Saturday

See website for details. High & Low Hows in Borrowdale for TD1-5 coaching. Names to Lynne please. Reply to this EMAIL if you want details.

Blea Tarn 12.02.15

(Selection from results.)

Long

1st	Richard Wren	49:10
2nd	Alastair Thomas	51:07
3rd	David Spencer	53:37
4th	Daniel Spencer	56:48
5th	Steven Breeze	59:56
6th	Rob Stein	63:29
7th	Jeff Goodwin	66:08
8th	Mike Harrison	69:32
9th	Pete Nelson	70:09
10th	Roger Thomas	73:32
11th	Angela Jackson	74:37
12th	John Slater	77:17
13th	John Taylor	77:23
14th	David Downes	81:42
15th	Lynne Thomas	94:24
16th	Roger Jackson	101:58

Short

1st	Ben Breeze	53:29
2nd	Joe Greenwood	70:02
3rd	Rosie Spencer	76:18

Night Hawk

1st	John Hartley	16:19
2nd=	Ros Allen	54:04
2nd=	Fiona Graham	54:04