



Upcoming Fixtures....

THIS WEEK Thur 21 May, Wasdale. The summer series visits the delightful Wasdale Valley with the terrain on the side of Wastwater providing some great orienteering. See website for details & parking. Long, short and easy courses.

Wed 20 May, WAROC Battleaxe Events. These are great fun. Sixty minute score events on great terrain in the South Lakes. Organised by WAROC. Find the details on their website. Series of three events.

Thur 28 May, Ling Fell, Embleton. This fell near Embleton will give some good running and interesting views and orienteering. Nice and handy for Cockermouth and Keswick! See website for the parking details. Long, short and easy courses.

Allerdale Bike Challenge

The first event in the series is on Wednesday, 20th May, starting in Cockermouth. Twenty five control points to try to collect within 2 hours. Orienteering and route choice skills needed, plus of course, a (road) bike. And it's FUN!

Allerdale Chase (Long-O)

Details are now finalised and entries are open on Oentries.com. Courses on offer are 18/13.5/8/4.4km. The area is Aira Skyline, including Watermillock and High Brow. To be held on Sunday, 28th June. All the details are on the club website.

Next Newsletter.

This is currently in production. Have you got an article or reflection from the season so far, for inclusion in this edition. Send to Graham as soon as you can. Deadline is very soon.

Summer Evening Series' Trophies

The first events of the 2015 series have taken place and league scores will be calculated. Top male & female juniors on the long & short course now have trophies (new for 2015) to compete for!!



Primary School event at Leaps on Thursday last. Wonderful weather and 170 participants!

Boat How 14.05.15

(Selection from results.)

Long		
1st	Matthew Vokes	33:15
2nd	Richard Wren	33:29
3rd	Alastair Thomas	35:48
4th	Daniel Spencer	36:08
5th	David Spencer	38:05
6th	Mike Harrison	38:27
7th	John Slater	39:15
8th	Andrew Bradley	43:28
9th	Howard Leslie	43:51
10th	Joe Goodwin	44:05
11th	Bob Dredge	44:46
12th	Steven Breeze	45:53
13th	Kate Charles	46:41
14th	Ben Breeze	46:46
15th	Jeff Goodwin	47:58
Short		
1st	Roger Thomas	35:59
2nd	John Taylor	38:50
3rd	Roger Jackson	41:27
4th	Ian Teasdale	43:30
5th	Syd Thomas	44:11
6th	Vanessa Brierley	44:47
7th	Ged Hagan	45:49
8th	Ben Goodwin	47:04
9th	Kim Leslie	47:29
10th	Louise Hagan	48:09
11th	Joseph Sunley	50:19
12th	Gerry Garvey	52:09
13th	Jennie Garbutt	54:18
14th	Deborah Goodwin	57:04
Junior		
1st	Lily Regan	17:25
2nd	Carys Thomas	26:16