



## Upcoming Fixtures....

**THIS WEEK Thur 28 May, Ling Fell, Embleton.** This fell near Embleton will give some good running and interesting views and orienteering. Nice and handy for Cockermouth and Keswick! See website for the parking details. Long, short and easy courses.

### Thur 4 June, Ladies Table & Hogg Wood.

This wonderful little area near Embleton is a treat. See website for the parking details. Long, short and easy courses.

### A busy, busy time.....

The Thomas' went to the Scottish Champs and enjoyed podium success; Alastair for the fourth year in a row! The Spencer family indulged the SinS multi day event near Ludlow also enjoying the podium, with Daniel winning M16 and Rosie W14.

Wasdale attracted over 45 competitors for the Thursday evening event, with rather dull and cool conditions, but spectacular views as always. Great courses Matthew. The Monday secondary and Thursday primary events had great attendances.

Such a lot going on. Well done to a superb club.... WCOC!

### Next Newsletter.

This is currently in production. Hope you got your contributions in. Almost ready to print.....

### Allerdale Chase (Long-O)

Details are now finalised and entries are open on Oentries.com. Courses on offer are 18/13.5/8/4.4km. The area is Aira Skyline, including Watermillock and High Brow. To be held on Sunday, 28<sup>th</sup> June. All the details are on the club website.

### Allerdale Bike Challenge

The second event in the series is on Wednesday, 3<sup>rd</sup> June, starting in Keswick. Twenty five control points to try to collect within 2 hours. Orienteering and route choice skills needed, plus of course, a (road) bike. And it's FUN! **Last week** seventeen orienteers (amongst 66 entries) competed, with Richard Wren topping the leaderboard, and Kate Charles first lady.



Primary School event at Fangs Brow on Thursday last. 150 participants, with at least two smiling faces!

### Wasdale 21.05.15

(Selection from results.)

Long		
1st	Daniel Spencer	32:43
2nd	Richard Wren	32:46
3rd	Alastair Thomas	33:33
4th	David Spencer	40:08
5th	John Slater	40:48
6th	Andrew Bradley	41:43
7th	Rob Stein	41:47
8th	Jeff Goodwin	43:10
9th	Pete Nelson	45:15
10th	Steven Breeze	46:54
11th	Darren Baker	48:55
12th	Kate Charles	48:57
13th	Joe Goodwin	49:59
14th	Niamh Hunter	50:38
15th	Chris Pollitt	51:13
16th	Ian Lowles	56:34
Short		
1st=	Roger Thomas	28:45
1st=	John Taylor	28:45
3rd	Ged Hagan	33:31
4th	Roger Jackson	33:49
5th	Ben Goodwin	33:59
6th	Louise Hagan	36:59
7th	Joseph Sunley	37:26
8th	Vanessa Brierley	40:44
9th	Syd Thomas	42:27
10th	Isabelle White	43:35
11th	Jonathan Eaton	43:52
12th	Jennie Garbutt	48:18
13th	Gerry Garvey	48:32
14th	Elaine Sutton	50:27
Novice		
1st	Carys Thomas	30:41