



## Upcoming Fixtures....

**THIS WEEK Thur 11 June, Southerdale.** On the lower slopes of Skiddaw this area gives great views over Bassenthwaite. A bit of a trek up to the start, but well worth it. See website for the parking details. Long, short and easy courses.

**Thur 18 June, Setmurthy.** A well used bit of forest near Cockermouth, which always gives challenging courses. See website for the parking details. Long, short and easy courses.

**Sun 21 June, Penrith Urban Galoppen.** This is the first time an urban area has been used for the Galoppen series. A good mixture of intricate street and complex little open areas. Usual courses with Galoppen points to fight for. See BL website for details.

### Cumbria School Games

These will be held at Carlisle on Wednesday this week, with many sports taking part, and orienteering of course! Two races are involved, with a qualifier in the morning around Bitts Park, and a final after lunch at Rickerby Park. Teams from each of the six Districts will field teams of six boys and six girls.

The Allerdale and Copeland teams have been selected from their performances in the WCOC Schools events this spring. This series of four events has just concluded, with just the final (near Camerton) to come.

### Allerdale Bike Challenge

The third event in the series is next week on Wednesday, 17<sup>th</sup> June, starting in Mawbray, where it is basically flat. Twenty five control points to try to collect within 2 hours. Orienteering and route choice skills needed, plus of course, a bike. And it's FUN!

### Allerdale Chase (Long-O)

Details are now finalised and entries are open on Oentries.com. Courses on offer are 18/13.5/8/4.4km. The area is Aira Skyline, including Watermillock and High Brow. To be held on Sunday, 28<sup>th</sup> June. All the details are on the club website.

### Parish Relays 2015

These are planned for West Lakes Science Park which will give close sprint racing/chasing for the teams. It is to be held on 16<sup>th</sup> July, open to teams of three (usually living fairly close to one another!). There is a separate junior category... start thinking about who you could race with and put your team together. It is one of the fun sessions of the year giving top competition!

### Hogg Wood 04.06.15

(Selection from results.)

Long

1st	Alastair Thomas	28:42
2nd	Matthew Vokes	30:13
3rd	Jeff Powell-Davies	39:17
4th	Andrew Bradley	41:18
5th	Rob Stein	41:43
6th	Jeff Goodwin	42:40
7th	Mike Harrison	43:08
8th	Steven Breeze	44:07
9th	Ben Breeze	44:20
10th	Matthew Blackley	47:14
11th	Lynne Thomas	47:55
12th	Andy Sykes	48:05
13th	Bob Barby	48:23
14th	Chris Pollitt	51:01
15th	Raymond Wren	51:42

Short

1st	John Taylor	34:19
2nd	Susan Skinner	36:35
3rd	Roger Jackson	40:25
4th	Richard Cummings	41:05
5th	Alice Rea	41:30
6th	Louise Hagan	41:51
7th	Ged Hagan	42:18
8th	Ben Goodwin	42:35
9th	Roger Thomas	44:52
10th	Rachel Osborn	48:08
11th	Joseph Sunley	50:13
12th	Syd Thomas	50:31
13th	Jennie Garbutt	50:37
14th	Joan Cumpstey	50:53
15th	Paul Tickner	50:56

Novice BEAR HUNT

1st	Isobel Greenwood	13:39
2nd	Naomi Hewitt	32:39
3rd	Ben Chaudhri	36:09

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>