



### Upcoming Fixtures....

#### **THIS WEEK** Thur 20 August, Whinlatter.

Long, short and easy courses to suit all abilities, with a score format 45/60 minutes. Newly updated map. See website for details.

#### **Thur 27 August, Coledale.**

Long, short and easy courses to suit all abilities. Final event of the series with presentation of trophies/prizes in the pub afterwards. See website for details.

#### **September 6, Faulds Brow.**

Level B event on Faulds Brow, being run by BorderLiners. Check their website for entry details. Fast open fellside on the Caldbeck Fells, with lots of depressions!!

#### **October 4, Whinlatter.**

Cumbrian Galoppen event with a newly updated map of the area. Usual courses, brown to yellow, suitable for all abilities. See website for the details. White Team are organising this Galoppen.

### Advertising our Autumn Series....

Can you find a notice board for a copy of our flyer advertising the Autumn Series. Pick one up at the evening events. Attached with this newsheet is a copy of the PDF for the flyer. Can you send it on to friends or anyone you think may be interested in giving the sport a go.

The Autumn Series includes the venues, Mirehouse, part of Whitehaven, Derwent Hill, Cockshot Woods (Keswick), Vulcan Park (Workington), Allonby and Friars Crag (Keswick). Great venues for short and fast decision making orienteering.



### Club Newsletter

Our editor, Graham Watson, has prepared quite a few editions now, and would very much like to retire! Is there anyone who would like to take on the job? Currently, three issues are being produced each year. This is not fixed in stone and any other format is possible!

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

### Club gear

Current stock levels are quite low at the moment, says Steve Telford who looks after it. A new order will be placed soon and it would be good to get the balance of sizes in line with current demand. Steve would be pleased to be able to cater for your future order. Let him know what size you would need so that he can get the order right. There is a fairly long waiting time from order to delivery.



### Crag Fell 13.08.15

(Selection from results.)

Long

1st	Matthew Vokes	38:09
2nd	Richard Wren	38:28
3rd	Simon Hunter	42:05
4th	Paul Neild	42:29
5th	Andrew Bradley	49:24
6th	John Slater	50:04
7th	Rainier Wichman	52:04
8th	Chris Emerson	53:05
9th	Mike Harrison	53:57
10th	Alan Irving	54:08
11th	Ian Cumpstey	54:21
12th	Jeff Goodwin	56:36
13th	Pete Nelson	56:50
14th	Lynne Thomas	57:12
15th	Kate Charles	60:14

Short

1st	Ian Teasdale	40:57
2nd	Roger Thomas	41:35
3rd	Frank Townley	42:05
4th	Roger Jackson	42:56
5th	Ge Hagan	44:07
6th	Margaret Mackenzie	44:59
7th	Tony Brand-Barker	48:50
8th	Oliver Heron-Southward	49:45
9th	Kevin Hodgson	50:26
10th	Mike Cumpstey	51:30
11th	Caitlin Irving	52:47
12th	Gerry Garvey	52:50
13th	Rosie Spencer	53:41
14th	Joseph Sunley	53:42
15th	Vanessa Brierley	55:55

Novice

1st	Wilfrid Teasdale	10:55
2nd	Isabel Sunley	11:09
3rd	John Eldred	11:16