



Upcoming Fixtures

THIS WEEK Thur 3 September,

Mirehouse. First of the Autumn series at Mirehouse on the shores of Bass lake. Two courses with winning times of about 12 minutes.... fast and furious. See website for details.

September 6, Faulds Brow. Level B event on Faulds Brow, being run by BorderLiners. Check their website for entry details. Fast open fellside on the Caldbeck Fells, with lots of depressions!!

Thur 10 September, Whitehaven. Second of

the Autumn Series with an urban format. Two courses to suit all abilities. See website for details.

The Finale of the Summer Series..... and making plans for the Winter Series

Trophies and prizes were presented to the winners of the Summer series. Matthew Vokes taking the long course title and the 'Summer Cup'. Congratulations to all.... Louise Hagan, Ben Goodwin, Isabel Sunley, Wilfrid Teasdale, Rosie Spencer, and absentees, Niamh Hunter, Lynne, Roger and Alastair Thomas.



Thanks to the eighteen planners who staged the summer series for usand so to the Winter Series starting in November. There will be another seventeen or so events. Please consider taking on one, and have a word with Mike Harrison who will find you a venue and date. All part of the WCOC commitment to an event every week!!!!

3rd Jennie Stein Keep an eye on the Facebook page for Club goings-on! http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info

'Bring A Friend' to an evening event

Our club is always looking for ways to encourage new people into the sport and, importantly, into



the club. So we would like you to bring a friend along to the Thursday evening events, particularly the Autumn Sprint Series.

Coledale Finale 27.08.15

(Selection from results.) Long

LUNG		
1st	Richard Wren	48:55
2nd	Steve Birkinshaw	50:38
3rd	Matthew Vokes	55:40
4th	Mike Harrison	55:45
5th	Rob Stein	57:11
6th	Andrew Bradley	59:13
7th	Simon Hunter	60:05
8th	Howard Leslie	65:33
9th	Hannah Bradley	67:59
10th	lan Cumpstey	69:40
11th	Steven Breeze	70:46
12th	Pete Nelson	72:14
13th	Stuart Parker	75:43
14th	Ben Breeze	77:04
15th	Anne Burbidge	80:15
Short	•	
1st	John Taylor	50:32
2nd	Graham Watson	54:27
3rd	Roger Jackson	55:00
4th	lan Teasdale	57:22
5th	Ben Goodwin	58:29
6th	Raymond Wren	59:19
7th	Chris Lates	60:43
8th	Jenny Wren	60:57
9th	Ann Cummings	61:34
10th=	Richard Cummings	62:47
10th=	Ged Hagan	62:47
12th	Mike Hind	66:16
13th	Henry Teasdale	68:52
14th	Catherine Wetherfield	69:18
15th	Margaret Mackenzie	69:35
Easy	•	
1st	Isabel Sunley	20:07
2nd	Wilfrid Teasdale	21:17
3rd	Jennie Stein	36:18