



Upcoming Fixtures....

THIS WEEK Thur 10 September, Whitehaven. Second of the Autumn Series with an urban format. Two courses to suit all abilities. See website for details.

September 13, Lingmell Galoppen. Cumbrian Galoppen event run by Lakeland OC. Check their website for details. High open fell above Elterwater on some very technical terrain.

Thur 17 September, Derwent Hill. Third of the Autumn Series. Derwent Hill in Portinscale will provide a great challenge around the confines of this Outdoor Centre. Two courses to suit all abilities. See website for details.

October 4, Whinlatter. Cumbrian Galoppen event with a newly updated map of the area. **DATE** may change..... await announcement. Usual courses, brown to yellow, suitable for all abilities. See website for the details. White Team are organising this Galoppen.

WCOO Coaching and Tour

WCOO Coaching and Tour - this weekend - places still available... September 6, 2015. At Great Tower near Windermere. Coaching for all (adults & juniors, TD1-5) at Great Towers (S Lakes) this Saturday - let Lynne know (lynn...@yahoo.co.uk). If you like, why not also join in the fun at our weekend away: following coaching there will be a fun relay event, then stay overnight at Great Tower (in chalets). Then on Sunday - LOC Galoppen at Lingmoor / Elterwater.

Annual General Meeting (AGM)

This will be held on October 22. John Taylor will be stepping down as Chair, after his three year stint in the post. Many thanks to John for his leadership and hard work. If you would like to offer your services and help to the club's activities, please consider joining the committee. We are a very active club and rely on the input from a large band of volunteers to make it tick. Have you got a topic you would like discussed at the AGM? Ask for it to be included on the agenda.

'Bring A Friend' to an evening event....

Our club is always looking for ways to encourage new people into the sport and, importantly, into the club. So we would like you to bring a friend along to the Thursday evening events, particularly the Autumn Sprint Series.



Mirehouse 3.9.15

(Selection from results.)

Long

1st	Andrew Bradley	15:45
2nd	Rob Stein	16:03
3rd	Jeff Goodwin	16:32
4th	Hannah Bradley	16:40
5th	Ian Cumpstey	17:12
6th	Katrina Hemingway	17:20
7th	Ben Breeze	17:27
8th	Steven Breeze	17:34
9th	Lynne Thomas	17:52
10th	Pete Nelson	18:08
11th	Alan Irving	18:12
12th=	Simon Hunt	18:55
12th=	Andy Morris	18:55
14th	Roger Jackson	19:12
15th	Joseph Sunley	19:33
16th	Mike Pearson	19:40
17th	Mike Hind	19:51
18th	Ged Hagan	20:38
19th	Caitlin Irving	21:26
20th	Ben Goodwin	21:51
21st	Louise Hagan	21:56
22nd	Angela Jackson	22:16
23rd	Ian Teasdale	22:22
24th	Mike Cumpstey	23:18
25th	Anne Burbidge	23:28

Short

1st	Carys Thomas	12:04
2nd	Wilfrid Teasdale	12:27
3rd	Isabel Sunley	13:36
4th	Lucinda Johnson	15:03
5th	Julie Stein	20:11
6th	Robert Jackson	21:31
7th	Issie Booth	28:15
8th	Maisie Booth	28:20
9th	Ellie Booth	28:37
10th	Elizabeth Elliott	29:36

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>