



## Upcoming Fixtures....

**THIS WEEK Thur 15 October, Fitz Park, Keswick.** Seventh and final event of the Autumn Series. Two courses to suit all abilities. Daylight fades fast now so come prepared with a torch if starting late. See website for details.

**Thur 22 October, Annual General Meeting.** The AGM will be held at The Kirkstile Inn, Loweswater. 7pm for a 7.30 start. See website for details.

**November 1, Whinlatter.** Cumbrian Galoppen event with a newly updated map of the area. **DATE** has changed. Usual courses, brown to yellow, suitable for all abilities. White Team are organising this Galoppen.

### SpookO on October 29

Great fun for all the family. See Catherine Wetherfield if you have an idea for a 'spooky' site. Volunteers needed to run the control sites.

### Night Series

The venues for the first half of the Winter Night series are organised. Orienteering at night really does improve your map reading and navigational skills. The events up to Xmas will have a novice course for juniors, which have proved extremely popular in previous years.

The early venues in the series will give the opportunity for relatively straightforward orienteering. A good torch will be needed (there are many excellent head torches on the market). The weather can be quite unpredictable.... so come prepared!



### Annual General Meeting (AGM)

This will be held on October 22 at the Kirkstile Inn. If you would like to offer your services and help to the club's activities, please consider joining the committee. We are a very active club and rely on the input from a large band of volunteers to make it tick.

### Chester w/e Sprints

Chester area (organised by DEE) was the venue for a whole collection of sprint events over the weekend. The Eastham Country Park venue on the Saturday saw many WCOC members take the gold medal position on the podium.

Wilfrid Teasdale (M10), Joseph Sunley (M12), Alastair Thomas (M16), Phil Winskill (M35), Caitlin Irving (W12), Rosie Spencer (W14), Niamh Hunter (W16), Helen Winskill (W40). Well done all!!

### Allonby 8.10.15

(Selection from results.)

#### Long

1st	Alastair Thomas	14:44
2nd	Daniel Spencer	15:12
3rd	Todd Oates	16:24
4th	Matthew Blackley	17:58
5th	Mike Harrison	18:20
6th	Michael Billinghamurst	19:23
7th	Joe Greenwood	19:32
8th	Steven Holmes	19:38
9th	Jeff Goodwin	20:01
10th	Niamh Hunter	20:53
11th	Martin Skinner	21:01
12th	Steven Breeze	21:13
13th	Joseph Sunley	21:15
14th	Katherine Lowles	21:21
15th	Joe Goodwin	21:26
16th	Chris Emerson	21:34
17th	Lynne Thomas	21:55

#### Short

1st	Rosie Spencer	17:27
2nd	Ellen Lister	19:51
3rd	Isabel Sunley	22:55
4th	Wilfrid Teasdale	23:05
5th	Emily Heron-Southward	23:08
6th	Elizabeth Elliott	26:04
7th	Janette McHendry	28:26
8th	Fran McDonald	29:10
9th	Isobel Greenwood	33:20
10th	Issie Booth	34:09
11th	Maisie Booth	34:22
12th	Ellie Booth	34:54

#### Traffic Free

1st	Hiroki Holmes	18:14
2nd	Freya Hope	23:06
3rd	Tom Hope	24:33

Keep an eye on the Facebook page for Club going-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>