



Upcoming Fixtures....

THIS WEEK Thur 22 October, Annual General Meeting. The AGM will be held at The Kirkstile Inn, Loweswater. 7pm for a 7.30 start. See website for details.

Thur 29 October, SpookO. The annual excursion into the spooky forest at Whinlatter for some Hallowe'en fun for families with young children. Starts once it gets dark enough and the 'ghosties' are out!

November 1, Whinlatter. Cumbrian Galoppen event with a newly updated map of the area. **DATE** has changed. Usual courses, brown to yellow, suitable for all abilities. White Team are organising this Galoppen.

Night Series

The venues for the first half of the Winter Night series are organised. Orienteering at night really does improve your map reading and navigational skills. The events up to Xmas will have a novice course for juniors, which have proved extremely popular in previous years.

The early venues in the series will give the opportunity for relatively straightforward orienteering. A good torch will be needed (there are many excellent head torches on the market). The weather can be quite unpredictable.... so come prepared!



Event Safety for the next several months!

Winter weather is on its way, and we all need to adjust to carrying adequate clothing to protect ourselves. So, it is back to cagoules, 'lifas', hats, gloves & whistles!

Annual General Meeting (AGM)

This will be held on October 22 at the Kirkstile Inn. If you would like to offer your services and help to the club's activities, please consider joining the committee. We are a very active club and rely on the input from a large band of volunteers to make it tick.

Kong Club Night

Many thanks to the large number of club members who supported the Cub Night at 'Kong' in Keswick following the Fitz Park event. Great talk by Angela Brand-Barker on her volunteering role at the Glasgow Commonwealth Games. So many things just wouldn't happen if it wasn't for the willingness of folk to give up their time and skills to volunteer and get things done. WCOC wouldn't exist without a massive volunteer input!!

Fitz Park 15.10.15

(Selection from results.)

Long

1st	Phil Winskill	20:50
2nd	Michael Billinghamurst	22:32
3rd	Bob Dredge	22:46
4th	Helen Winskill	23:11
5th	Matthew Blackley	23:19
6th	Niamh Hunter	23:39
7th	Angela Brand-Barker	24:49
8th	Chris Emerson	25:05
9th=	John Taylor	25:31
9th=	Mike Harrison	25:31
11th	Louis Morris	25:38
12th	Jeff Goodwin	25:46
13th	Joseph Sunley	25:54
14th	Ben Breeze	26:15
15th	Andy Morris	27:17
16th	Ian Teasdale	27:25
17th	Lynne Thomas	27:26
18th	Rosie Spencer	27:37
19th	Henry Teasdale	27:57
20th	Katherine Lowles	28:14
21st	Richard Goodwin	28:16
22nd	Roger Jackson	28:21
23rd	Ben Goodwin	28:47
24th	Bob Barnby	28:53
25th	Graham Watson	29:06

Short

1st	Lily Regan	11:53
2nd	Wilfrid Teasdale	13:56
3rd	Ellie Douglas	14:20
4th	Ellen Lister	14:53
5th	Isobel Greenwood	15:12
6th	Alice Kemp	16:16
7th	Katie Ray	16:20
8th	Isabel Sunley	16:31

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>