



Upcoming Fixtures....

THIS WEEK Thur 5 November, Slate

Fell. The start of the Night Series on easy terrain near Cockermouth. Long, short and Easy courses available. Cost £3.50/£2 with starts from 6.15 to 7.15pm. You'll need a good torch and adequate clothing for the weather on the night.

Thur 12 November, Scale Hill. The second event of the Night Series in the woods on the side of Crummock Water. Long, short and Easy courses available. Cost £3.50/£2 with starts from 6.15 to 7.15pm. You'll need a good torch and adequate clothing for the weather on the night.

Sun 15 November, Copeland Chase. This Long-O style event will be held on Kinniside Common with 20, 15 and 10km courses on offer. Details on website.

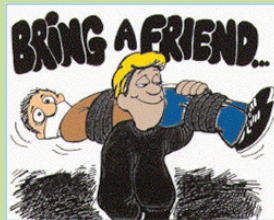
Sun 22 November, Greta Gorge Galoppen.

The last of the 2015 Galoppen series. Final chance to get those missing points for your 2015 score. Usual courses. Details on website.

Night Series

The venues for the first half of the Winter Night series are organised. Orienteering at night really does improve your map reading and navigational skills. The events up to Xmas will have a novice course for juniors, which have proved extremely popular in previous years.

The early venues in the series will give the opportunity for relatively straightforward orienteering. A good torch will be needed (there are many excellent head torches on the market).



Event Safety for the next several months!

Winter weather is on its way, and we all need to adjust to carrying adequate clothing to protect ourselves. So, it is back to cagoules, 'lifas', hats, gloves & whistles!

SpookO

This was held at Whinlatter last Thursday. The weather stayed dry and a superb set of spooky sites delighted the very large turnout of youngsters and family groups. Many thanks to the chief 'Witch', Catherine Wetherfield for getting the gang together to dress the various sites. Reports were very complimentary. You may be spurred on to get involved next year... start planning your spooky site!

Whinlatter Galoppen

Many thanks to the White team (plus quite a few other folk!), especially Ange Jackson for organising, Rob Stein for planning and Chris Lates (BL) for controlling. Half term reduced the numbers somewhat, but 150 enjoyed the courses. Great win for Niamh Hunter on Green, and Michael Billinghamurst on Blue, Caitlin Irving on Light Green, and Wilfrid Teasdale on Yellow. There were many other well placed WCOC runners, scoring excellent Galoppen points. Thanks to Pete Nelson for the new update of this part of the Whinlatter Forest map.

Current National Rankings

(Selection of the top positions.)

1 (80 +1)	Steve Birkinshaw	7875
2 (132 +4)	Lewis Taylor	7737
3 (224)	Phil Winskill	7587
4 (230 +1)	David Spencer	7579
5 (241 +5)	Michael Billinghamurst	7551
6 (319 +2)	Helen Winskill	7445
7 (324 +5)	Simon Hunter	7432
8 (349 -24)	John Slater	7402
9 (414 +3)	Andrew Bradley	7336
10 (472 +3)	Mike Harrison	7281
11 (474 +3)	Alan Irving	7280
12 (557 +3)	Roger Thomas	7196
13 (608 +5)	Pete Nelson	7150
14 (655 +4)	John Taylor	7111

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>