



Upcoming Fixtures....

THIS WEEK Fri 1 January, Mawbray. The last of the Xmas specials. Proceeds to charity. Several courses to suit all abilities. Weather conditions continue to be unpredictable so please check website before setting off, and for details.

Thur 7 January, Miterdale. Long, short and Night Hawk courses available. Cost £3.50/£2 with starts from 6.15 to 7.15pm. You'll need a good torch and adequate clothing for the weather on the night.

Sat/Sun 9/10 January, Club Night & Club Chase. All the details will be on the website for both events. Your input is needed for both, however, so please make contact with the relevant organiser.

Club Chase at Rannerdale

Plans are in hand for the Club Chase, on Sunday 10th January, with the usual colour coded courses. The event is open to all club members and is FREE. You need to book your map and get a handicap start time. Either reply to this **EMAIL** or direct to Alan Irving to book your map. Please book early as handicap start times take a bit of working out!

Club Night 9th January 2016

The Club Social will be held at Embleton Village Hall. Usual arrangement for DIY food & drink. This year club members will offer a selection of party games, entertainment and other diversions. Contact Catherine Wetherfield direct or reply to this EMAIL with offers of food and games. Fine details (exact times, cost) will appear shortly on the website. All club members are welcome to attend. Good fun!!

2015/16 Beer Trail

Pete Nelson once again has provided a Beer Trail, this time around the Loweswater Fells. See website for all the details. A great day out on the hills.... enjoy!!
Pete has also uploaded a 1:16000 map (at A4 for printing at home) of the area being used so you can carry a more manageable map for your navigation. Pete has also asked that you don't upload your route to Strava, as you may give away too much information and spoil it for those who still wish to complete the challenge.

Membership Renewals

About half of the membership have renewed so far. Please renew if you haven't already done so. You will then be able to enter the JK (in Yorkshire this year) and the British Champs. It will also provide you with BOF insurance cover whilst you are orienteering.

Renewals need to be completed before the end of this month..... so just a few days to go. Just go online and complete the renewal.

We would also like to welcome a number of new members, Penny Wilson, Louise Wilson, Tom Dawson and Lucy Dunn.

A warm welcome to you all!

Cockermouth Lights 22.12.2015

(Selection from the results.)

A good turnout for this fun event, which raised quite a bit for the Junior Squad fund. Thanks to Niamh for the planning and organising.

Long

| | | | | | |
|----|--------------------------|-----------|----|----|----|
| 1 | Chris Steele | 42.25 | 28 | 0 | 28 |
| 2 | Rob Stein | 43.47 | 28 | 0 | 28 |
| 3 | Chris Hope | 44.47 | 28 | 0 | 28 |
| 4 | Martin Skinner | 44.04 | 27 | 0 | 27 |
| 5 | Roger Thomas | 45.40 | 27 | -1 | 26 |
| 6 | Louis Morris (on bike) | N/C 42.49 | | 25 | 02 |
| 7 | Joseph Sunley | 44.57 | 25 | 0 | 25 |
| 8 | Lynne Thomas | 45.43 | 26 | -1 | 25 |
| 9 | Chris Pollitt | 42.46 | 24 | 0 | 24 |
| 10 | Howard Leslie | 43.45 | 24 | 0 | 24 |
| 11 | Ben Goodwin | 42.02 | 24 | -1 | 23 |
| 12 | Matthew Blackley | 43.20 | 22 | 0 | 22 |
| 13 | Alan Irving | 45.27 | 23 | -1 | 22 |
| 14 | Bob Bamby | 46.27 | 23 | -2 | 21 |
| 15 | Joe Greenwood | 38.25 | 20 | 0 | 20 |
| 16 | Sol White | 41.16 | 20 | 0 | 20 |
| 17 | Roger Jackson | 47.36 | 23 | -3 | 20 |
| 18 | Alastair Woodbury | 40.30 | 19 | 0 | 19 |
| 19 | Sarah Chaudhri | 43.06 | 19 | 0 | 19 |
| 20 | Isabelle White (No Time) | | 19 | | |
| 21 | Vanessa Brierley | 42.12 | 18 | 0 | 18 |
| 22 | Caitlin Irving | 39.20 | 17 | 0 | 17 |
| 23 | Henry Teasdale | 39.37 | 17 | 0 | 17 |
| 24 | Ian Teasdale | 39.52 | 17 | 0 | 17 |
| 25 | Carys Thomas | 40.38 | 17 | 0 | 17 |

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>