



Upcoming Fixtures....

THIS WEEK Wed 11 May, Vulcan Park.

This event is part of the IOF attempt on the World Record for O participation on a single day. Schools are bringing pupils.... even though there is a clash with SATS. From 11am to maybe 4pm.

Thur 12 May, Dalegarth. Great terrain which has hosted many top competitions in the past. Cost £3.50/£2. Starts from 5.45 to 7pm.

Thur 19 May, High Rigg South. Great terrain at this time of year. Cost £3.50/£2. Starts from 5.45 to 7pm. There will be sheep, so please don't bring dogs. This is so important for our continuing use of areas like this.

Muncaster Galoppen

Thanks to the White Team for organising this one, with Ange Jackson doing the planning, Mike Pearson controlling, and Lynne Thomas the organising. Thanks also to the band of helpers who put the show on the road! Cumbria Schools used the event for their 2016 Championships. UVHS won the overall trophy, with Cockermonth School second and QEGS third.

Newsletter....

Rob and Jennie Stein are keen to receive news articles on club activities over the last three months for the May edition of the quarterly newsletter. Articles, photos and drawings would be much appreciated. Please have all submissions in by 22nd May 2016.

The Summer Series

This series of eighteen or so events continues this week. We look forward to better weather, but even so we can be caught out in a heavy rain downpour without adequate clothing for the conditions. Please keep your safety in mind and set out prepared (cag, hat, gloves, whistle?) SPORTident have loaned us a few of the new SIAC ecards, which means you can try them before you buy. The control units are all SIAC enabled. Just remember to use the Check station at the start to turn your ecard ON.

Twitter. You can follow @WCOC2014

Membership

Welcome to the Watson Family (Rebecca, Peter & Leon) from Egremont who have joined recently. Membership numbers are growing this year, with a few existing members still to renew. Please remember that it is an insurance requirement, and that you need to be a member of the NGB (ie. British Orienteering) to be covered for third party liability. It's not expensive.... so please go online and join up.

Sale Fell 05.05.2016

(Selection from the results.)

Long		
1st	Daniel Spencer	34:04
2nd	Simon Hunter	36:39
3rd	Alastair Thomas	36:51
4th	Andrew Bradley	39:24
5th	Pete Nelson	40:57
6th	Mike Harrison	42:30
7th	Ben Breeze	44:21
8th	Graham Watson	45:12
9th	Steven Breeze	45:55
10th	Jeff Goodwin	46:10
11th	Matthew Blackley	47:37
12th	Stuart Parker	48:46
13th	John Noblett	48:55
14th	Lynne Thomas	49:23
15th	Alan Irving	49:36
Short		
1st	Angela Brand-Barker	33:24
2nd	Susan Skinner	36:10
3rd	Debbie Watson	37:24
4th	Caitlin Irving	37:46
5th	Kevin Hodgson	38:29
6th	David Downes	39:58
7th	Henry Teasdale	40:13
8th=	Tony Duncan	40:14
8th=	Roger Jackson	40:14
10th	Joseph Sunley	40:24
11th	Jenny Wren	40:25
12th	Richard Cummings	42:22
13th	Wilfrid Teasdale	42:26
14th	Oliver Heron-Southward	45:14
15th	Roger Thomas	45:17
Novice		
1st	Ellen Lister	19:11
2nd	Isobel Greenwood	20:08
3rd	Ella Smits	22:59
4th	Emily Heron-Southward	24:35
5th	Sebastian Smits	25:43

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>