Upcoming Fixtures....

THIS WEEK Thur 9 June, Matty Benn's **Bridge.** A part of Kinniside Common with quite a few

features to keep the navigation engaged. Fun if it is misty. Cost £3.50/£2. Starts from 5.45 to 7pm.

Wed 8 June, Maryport. The second of the Allerdale Bike Challenge events, starting from Maryport Golf Club. 2 hour score event on tarmac! Enter via bmbo.org.uk

Thur 16 June, Setmurthy. A small forest close to Cockermouth, which is surprisingly technical. Cost £3.50/£2. Starts from 5.45 to 7pm.

Team Result		
Matthew Vokes	1	100
Helen Winskill	3	99
Michael Pearson	7	99
Joe Sunley	9A	98
Mike Billinghurst	4	97
Ben Breeze	A8	94
Colin Valentine	4	93
Lily Regan	9B	92
Rosie Spencer	8B	92
John Taylor	2	92
Anne Burbidge	5	91
Steve Breeze	2	90
Vanessa Brierley	5	90
Gwen Rea	7	90
Scott Ashworth	1	89
Roger Jackson	6	88
Henry Teasdale	9A	88
Chris Pollitt	4	87
Lesley Wornham	7	86
Herbie Ashworth	9A	84
Paul Tickner	6	83
Catherine Wetherfield	d 5	83
Ian Teasdale	4	81
Janette McHendry	5	80
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CompassSport Cup

0 first round qualifier was rescheduled for last Saturday at Timble near Blubberhouses. Thanks to CLARO for delivering the event. A new date seldom works for all, and so it was that a depleted team turned up to fight for a place in the final. SYO won (2425), with AIRE second (2368) and we were third (2166). CLOK and EBOR were fourth and fifth. It was a shock to the system to find temperatures only just in double digits, but it did provide good running

Parish Relays 14 July

Early notice of this event, which will be held at High Park on the shores of Crummock. Teams of three, so juniors, start thinking about who you can run with. Always a highlight of the season!

conditions.

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

Haverigg Galoppen

A fantastically warm day on the dunes at Haverigg gave tough running conditions. Alastair Thomas was second on Brown, with Daniel Spencer second on Blue. David Spencer, Roger Thomas and Rosie Spencer were 1-2-3 on Sh.Green. Henry Teasdale (2nd), Joseph Sunley (3rd) and Carys Thomas (4th) on Lt.Green. Wilfrid Teasdale was our only outright winner, on Orange. Hannah (3rd) & James Birkinshaw (4th) also on Orange. Hiroki Holmes (2nd) & Matthew Birkinshaw (3rd) on Yellow. Well done guys.

Mell Fell 02.06.2016

(Selection from the results.)

Long

2nd

3rd

	Long		
	1st	Matthew Vokes	42:56
	2nd	Alastair Thomas	46:42
	3rd	Duncan Harris	50:21
	4th	Daniel Spencer	50:33
	5th	Jeff Powell Davies	54:28
	6th	Alan Hartley	54:43
	7th	Niamh Hunter	61:21
	8th	Ian Cumpstey	64:15
	9th	Jeff Goodwin	64:23
	10th	Steve Holmes	66:41
	11th	David Rawle	67:14
	12th	Chris Pollitt	68:28
	13th	lan Teasdale	70:52
	14th	Rob Humphreys	75:55
	15th	Raymond Wren	80:06
	Short	.,	
	1st	David Spencer	39:07
	2nd	Roger Jackson	47:38
	3rd	Henry Teasdale	49:23
	4th	Anna Harris	51:50
	5th	Ruth Harris	53:20
	6th	Roger Thomas	55:17
	7th	Ann Cummings	58:22
	8th	Wilfrid Teasdale	59:22
ı	9th	Richard Cummings	59:48
ı	10th	Joseph Sunley	63:44
ı	11th	Phil Nichols	65:06
ı	12th	Mike Cumpstey	68:00
ı	13th	Catherine Wetherfield	70:19
	14th	Joyce Hemingway	74:32
ı	15th	Joan Cumpstey	76:37
	Novice		
١	1st	David Rodger	28:03

Myrtle Ashworth

Hannah Birkinshaw

32:56

34:45

http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info