



## Upcoming Fixtures....

### **THIS WEEK Thur 23 June, Gillerthwaite.**

Part of Wild Ennerdale. Parking at Bowness Knott. Cost £3.50/£2. Starts from 5.45 to 7pm..

**Wed 22 June, Wigton.** The third of the Allerdale Bike Challenge events. New area. 2 hour score event on tarmac! Enter via [bmb0.org.uk](http://bmb0.org.uk)

**Thur 30 June, Bleaberry Fell.** Overlooking Derwentwater with some of the best views in the Lakes. Cost £3.50/£2. Starts from 5.45 to 7pm.

### **WCOC's Anniversary**

A group of people got together in September 1967 and formed West Cumberland Orienteering Club. So, 2017 will be a very significant birthday for the club. Once again a group of people have been beavering away to develop a program of events to celebrate this fact. We would like to have a special O-top.... get involved in the 'design competition'.... see the details on the website.



### **Schools Final 2016**

Ennerdale Scout Camp is the venue for the final of the West Cumbria Schools League on Thursday 23<sup>rd</sup> June. One of the prime movers of this fantastic development, **Natalie Burns**, will be retiring after fifteen years of dedicated service to the cause. She has involved dozens of schools, both Primary and Secondary, from Allerdale and Copeland. Over the years several thousand children have had a go at orienteering, and recently one of the school groups was being looked after by a participant of one of the early events a good few years ago!! Thanks Natalie.

### **Parish Relays 14 July**

Early notice of this event, which will be held at High Park on the shores of Crummock. Teams of three, so juniors, start thinking about who you can run with. Always a highlight of the season!

### **Allerdale Chase 2016**

David Spencer has a great long-O planned for the Wythop fells on 17<sup>th</sup> July. Courses are 16/12/8/4.5km... your choice! Pre-enter on the web at [www.oentries.com](http://www.oentries.com).

There will be very limited EOD so it will be a good idea to get your entry in before July 9<sup>th</sup>. As with all long distance events of this type there will be personal safety considerations; see the website for details of kit reqd. Always a test of skill & stamina!

### **Setmurthy 16.06.2016**

(Selection from the results.)

#### Long

1st	Alastair Thomas	32:52
2nd	Simon Hunter	39:52
3rd	Ian Cumpstey	42:35
4th	Andrew Bradley	43:59
5th	Howard Leslie	45:06
6th	Steve Holmes	48:11
7th	Eilina Mikaelsson	48:33
8th	Stuart Parker	49:09
9th	John Slater	50:29
10th	Jeff Goodwin	52:32
11th	Steven Breeze	53:41
12th	John Taylor	56:01
13th	Matthew Blackley	56:27
14th	Pete Nelson	57:29
15th	Rosie Spencer	57:34

#### Short

1st	Susan Skinner	29:28
2nd	David Spencer	29:45
3rd	Joseph Sunley	30:59
4th	Roger Thomas	31:58
5th	Oliver Heron-Southward	32:22
6th	Caitlin Irving	34:45
7th	Richard Cummings	37:23
8th	David Downes	37:56
9th	Louise Hagan	39:15
10th	Henry Teasdale	39:21
11th	Angela Brand-Barker	39:40
12th	David Fenwick	40:43
13th	Ged Hagan	41:03
14th	Alice Rea	41:16
15th	Mike Cumpstey	42:49
16th	Joan Cumpstey	45:38
17th	Rachel Osborn	45:55

#### Easy

1st	Alice Kemp	19:58
2nd	Nathan Kemp	20:07
3rd	Hiroki Holmes	23:20
4th	Sola Holmes	25:46

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>