



Upcoming Fixtures....

THIS WEEK Thur 30 June, Bleaberry Fell. Overlooking Derwentwater with some of the best views in the Lakes. Cost £3.50/£2. Starts from 5.45 to 7pm.

Thur 7 July, Cockermouth. A replacement for the loss of the Dent Fell venue. See details on the website. Cost £3.50/£2. Starts from 5.45 to 7pm.

Thur 14 July, High Park, Loweswater. The Parish Relays for teams of three. Junior competition as well, with details on the website. Free for club members.

SOLWAY club events

From Monday 8th to Friday 12th August 2016, Solway Orienteers are welcoming a group from OL Kufstein in Austria for a series of Orienteering events in South West Scotland. Details will be posted on our website, with a form to give SOLWAY an idea of numbers for their events. Sounds like an interesting schedule.

Schools Final 2016

Thanks to everyone involved with the event at Ennerdale Scout Camp. Superb weather and a great competition. Thanks to Natalie Burns for fifteen years of organising the school's league. Planning for 2017 has already started!



WCO's Anniversary

A group of people got together in September 1967 and formed West Cumberland Orienteering Club. So, 2017 will be a very significant birthday for the club. Once again a group of people have been beavering away to develop a program of events to celebrate this fact. We would like to have a special O-top.... get involved in the 'design competition'.... see the details on the website.



Twitter. You can follow @WCO2014

Keep an eye on the Facebook page for Club goings-on! http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info

First Aid Course

WCO is providing First Aid training on the weekend of 16 - 17 July. We have a few places on the 1 day Basic first aid course on Saturday 16th July and places on the 2 day Outdoor first aid course on Saturday 16th and Sunday 17th July. If you are interested in attending either of these courses please contact Lesley Wornham. Many of the club's coaches will be attending as the three year renewal of certification comes into effect. Thanks to all involved.

Gillerthwaite 23.06.2016

(Selection from the results.)

Table with columns for race type (Long, Short, Novice), rank, name, and time. Lists results for Gillerthwaite on 23.06.2016.