



### Upcoming Fixtures....

**THIS WEEK** **Thur 25 May, Blakeley & Whoop.** Part of Kinniside Common. Fast running with good visibility. Long, short and Novice courses. Check out the website for what to expect, [www.wcoc.co.uk](http://www.wcoc.co.uk).

**Wed 31 May, Maryport BikeO.** The event is part of the Summer Series enhancement. See website for details. Pre-enter if you can on the BMBO website to ensure there is a map. Routes will be on tarmac.

**Thur 1 June, Miterdale.** Forest orienteering! in the Mite valley, Eskdale. Long, short and novice courses. See website for details.

**Sun 4 June, Yewdale Galoppen.** High fell in Langdale. LOC are planning this one. Yellow to Brown courses. See LOC website for details.

### World Orienteering Day

Brigham School are hosting an event on their playing field just off Lawson Garth in Brigham. There will be a number of short, easy courses around the playing field. There will also be some MAZE orienteering for fast sprint 'O'. Starts are from 10am to 5pm.

There is also an event being planned at Whinlatter Visitor Centre using the new permanent course, and a coaching session in Harris Park (evening) by Lynne for a group of guides.

All of this is part of an International assault on last year's World Record. All events are registered and participation numbers will be filled in after the day!



### Summer Tour Selections.

NINE selections...outstanding! Caitlin Irving, Carys Thomas, Joe Hudd and Joe Sunley selected for Lagganlia. Rosie Spencer selected for Deeside. Niamh Hunter, Daniel Spencer, Zac Hudd and Ben Breeze selected for Stockholm. A busy summer ahead..... well done!

### Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#21. (NW) Forget rally coil (anag) (10,5)

Retain your answers till the end of the year. Prizes for highest scores.

### High Rigg 18.05.2017

(Selection from the results.)

Long		
1st	Matthew Vokes	32:18
2nd	Ben Breeze	35:52
3rd	Alastair Thomas	36:45
4th	David Spencer	37:05
5th	Martin Skinner	37:53
6th	Simon Hunter	38:38
7th	Jeff Powell Davies	39:23
8th	Ian Cumpstey	39:55
9th	Michael Billinghurst	41:09
10th	John Slater	42:09
11th	Oliver Heron-Southward	43:03
12th	Niamh Hunter	44:23
13th	John Noblett	44:42
14th	Joe Sunley	45:18
15th	Kate Charles	47:15
16th	Stella Lewsley	47:36
Short		
1st	Jeff Goodwin	28:34
2nd	Roger Thomas	33:38
3rd	Ann Cummings	34:00
4th	Wilfrid Teasdale	35:10
5th	Margaret Mackenzie	35:40
6th	Debbie Watson	37:22
7th	Vanessa Brierley	37:34
8th	Jessica Breeze	38:10
9th	Richard Cummings	39:06
10th	Syd Thomas	41:14
11th	David Fenwick	41:43
12th	Aidan O'Sullivan	42:03
13th	Isabel Sunley	43:08
14th	Jonty Goodwin	43:14
15th	Gerry Garvey	43:38
16th	Stuart Crawford	44:52
Novice		
1st	Emma Crawford	12:31
2nd	Isaac Hunter	16:09
3rd	Myrtle Ashworth	17:32
4th	Oliver Lumb	17:50
5th	Thomas Lumb	17:55
6th	Tommy Hardy	18:13
7th	Philippa Hardy	19:38

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Keep an eye on the Facebook page for Club goings-on!  
<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>