



### Upcoming Fixtures....

**THIS WEEK Wed 31 May, Maryport BikeO.** The event is part of the Summer Series enhancement. See website for details. Pre-enter if you can on the BMBO website to ensure there is a map. Routes will be on tarmac.

**Thur 1 June, Miterdale.** Forest orienteering! in the Mite valley, Eskdale. Long, short and novice courses. See website for details.

**Sun 4 June, Yewdale Galoppen.** High fell in Langdale. LOC are planning this one. Yellow to Brown courses. See LOC website for details.

**Sun 18 June, Allerdale Chase.** Long distance courses in the Ennerdale Valley, for this annual extravaganza. Long, Medium, Short and Very Short courses. See website for entry details.

#### Welcome to New Members

Steph Whyte (W40). Welcome! Have you remembered to renew this year.... renewals still coming in!

#### West Cumbria Schools' League

The series is well under way with two Primary events, at Lamplugh School and Fangs Brow providing challenging courses for the 150+ pupils taking part. Many thanks to the group of club volunteers who helped stage these events and the smaller Secondary events.

#### Cumbria Schools' Championships 2017

These are planned for Wednesday 21<sup>st</sup> June at Cartmel in South Lakes (11am-3pm), open to all Primary and Secondary schools. See [www.lakes-o.com](http://www.lakes-o.com) for details.

#### Summer Tour Selections.

NINE selections...outstanding! Caitlin Irving, Carys Thomas, Joe Hudd and Joe Sunley selected for Lagganlia. Rosie Spencer selected for Deeside. Niamh Hunter, Daniel Spencer, Zac Hudd and Ben Breeze selected for Stockholm. A busy summer ahead..... well done!

**Twitter.** You can follow @WCOC2014

#### Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#21. (SW) All creased up! (7,5)

Retain your answers till the end of the year. Prizes for highest scores.

#### Blakely Raise 25.05.2017

(Selection from the results.)

Long		
1st	Daniel Spencer	32:35
2nd	Alastair Thomas	33:41
3rd	Matthew Vokes	34:21
4th	Zac Hudd	34:39
5th	Andrew Bradley	37:34
6th	John Slater	39:21
7th	David Spencer	39:30
8th	Ben Breeze	40:30
9th	Ian Cumpstey	41:37
10th	Joe Hudd	43:08
11th	Michael Billinghurst	43:34
12th	Kate Charles	44:42
13th	Oliver Heron-Southward	47:08
14th	Steve Holmes	47:40
15th	Howard Leslie	48:16
16th	Michael Pearson	49:33
17th	Ian Teasdale	50:01
Short		
1st	David Rodger	23:37
2nd	Jeff Goodwin	24:51
3rd	Andy Rodger	25:09
4th	Herbie Ashworth	27:29
5th	Jessica Breeze	28:00
6th	Vanessa Brierley	28:52
7th	Ged Hagan	29:16
8th	Richard Cummings	29:45
9th	Andrew Stevens	29:48
10th	Roger Jackson	30:00
11th	Louise Hagan	30:02
12th	Jonty Goodwin	30:37
13th	Syd Thomas	31:04
14th	Ann Cummings	31:22
15th	Clare Rodger	31:23
16th	Isabel Sunley	31:30
17th	Jenny Wren	31:38
Easy		
1st	Sophie Crawford	17:22
2nd	Emma Crawford	17:41
3rd	Alex Crawford	19:30
4th	Tommy Hardy	24:02
5th	Philippa Hardy	24:12

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>