



Upcoming Fixtures....

THIS WEEK Thur 22 June, Knock Murton. Open fell near Kirkland, with interesting old mining scars. Long, short and novice courses. See website for details.

Sat/Sun 24 June, Harvester Relay. Teams of seven. In South lakes this year.

Wed 28 June, Lorton BikeO. The event is part of the Summer Series enhancement. See website for details. Pre-enter if you can on the BMBO website to ensure there is a map. Routes will be on tarmac.

Thur 29 June, Barf. Open fell above and overlooking Bass Lake. Long, short and novice courses. See website for details.

Allerdale Chase.

Thanks to David Spencer and the team for a great event. The long course was won by Steve Birkinshaw, with Daniel Spencer and Zac Hudd second and third. Michael Billinghamurst won the medium, followed by Joe Hudd in third. Niamh Hunter, Joe Sunley and Susan Skinner were 1/2/3 on the short. Herbie Ashworth and Wilf Teasdale were second and third on the very short. Excellent racing in the very warm conditions.

Anniversary O tops.

Lesley is preparing another order for the 50th Anniversary O-tops. If you wish to get one, send her the quantity and size(s) required by Friday 30th June. Cost is £28 seniors and £20 juniors. See website for further details.

Welcome to New Members.

Welcome to Mills family, Owen (M45) and Evan (M12); Hankin family, Suzy (W35), Rob (M35), Esme (W10) and Henry (M10); Jenny Lee (W40).

Cumbria Schools' Championships 2017

These are planned for Wednesday 21st June at Cartmel in South Lakes (11am-3pm), open to all Primary and Secondary schools. See www.lakes-o.com for details.

Twitter. You can follow @WCOC2014

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#25. (NW) A nobleman's large country house (5,4)

Retain your answers till the end of the year. Prizes for highest scores.

Southerndale 15.06.2017

(Selection from the results.)

Long		
1st	Alastair Thomas	42:00
2nd	Steve Birkinshaw	42:45
3rd	Daniel Spencer	45:07
4th	Ben Breeze	46:28
5th	David Spencer	51:38
6th	Joe Sunley	53:18
7th	Pete Nelson	54:01
8th=	Jeff Goodwin	54:45
8th=	Ian Cumpstey	54:45
10th	Robert Jones	55:08
11th	Steven Breeze	57:08
12th	Chris Pollitt	59:33
13th	Lynne Thomas	60:17
14th	Kate Charles	62:22
15th	Ian Teasdale	63:14
16th	Susan Skinner	64:26
17th	Raymond Wren	65:49
18th	Oliver Heron-Southward	71:43
Short		
1st	Chris Emerson	42:25
2nd	Wilfrid Teasdale	51:08
3rd	Roger Jackson	53:18
4th	Andy Rodger	54:59
5th	Andrew Stevens	55:39
6th	Jenny Wren	56:00
7th	Richard Cummings	56:15
8th	Aidan O'Sullivan	57:09
9th	Jenny Lee +2	57:49
10th	Mike Schilling	57:54
11th	Stuart Crawford	58:56
12th	David Rodger	59:46
13th	Henry Teasdale	61:48
14th	Catherine Wetherfield	65:28
15th	Michael Pearson	65:50
16th	Anne Burbidge	65:54
17th	David Fenwick	66:09
18th	Lily Regan	68:52

Improver		
1st	Emma Crawford	38:50
2nd	Alex Crawford	42:12
3rd	Oliver Lumb	45:34

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>