



Upcoming Fixtures....

THIS WEEK **Thur 14 September, Vulcan Park.** Second of the autumn series. Long and short courses. Some urban racing, and detailed parkland. See website for details.

Sun 17 September, Triple-O Three courses based in and around Keswick, from Fitz Park: Long~9k, Middle/urban ~4K, Sprint~1.5k. See website for details

Thur 21 September, Cockermouth. Third of the autumn series. Long and short courses. Parkland with some urban terrain. See website for details.

+ Coaching Session. There will also be some coaching from 5pm to 6pm for those new to the sport using the same venue. See website for details.

Club AGM

Thursday 19th October is the date for the 2017 AGM. Details of the venue (Zuccinis in Cockermouth) and format of the event will be announced shortly. As usual, a report of our 2016-17 year's activities and great successes will be outlined. If you would like to be involved on the committee please speak to the chair, Graham Watson. 'New blood' is warmly welcomed.

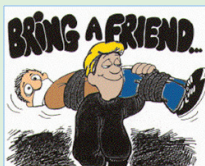
Spook-O

This year's event will be held on 26th October. Have you plans for an interesting site on the route around the forest? Catherine Wetherfield would like to hear from you, and would very much appreciate some help preparing the venue and co-ordinating the sites. Always great fun, and a great chance to let your imagination loose on a spooky idea!

Autumn Evening Event Series

These are short sprint type races in parks fairly close to Cockermouth, Workington and Keswick. Perfect for families and younger children. They will start in early September. Find the details on the website fairly soon.

Do please consider bringing along a friend.



Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#37. (SW) Did the bluebird fly here? (8,5)

Retain your answers till the end of the year. Prizes for highest scores.



The juniors win the Peter Palmer trophy for the second year in a row. Very impressive.

Allonby 07.09.2017

(Selection from the results.)

A very wet event greeted the competitors.

Long		
1st	Joe Hudd	20:02
2nd	Daniel Spencer	20:11
3rd	Niamh Hunter	21:41
4th	Joe Sunley	21:45
5th	Michael Billinghamurst	22:26
6th	Joseph Goodwin	22:53
7th	Ben Goodwin	23:12
8th	David Spencer	24:03
9th	Louis Morris	24:27
10th	Caitlin Irving	24:42
11th	Alan Irving	24:49
12th	Jeff Goodwin	25:21
13th	Steven Breeze	26:07
14th	Caitlin Pearson	26:13
15th	Ian Teasdale	27:52
16th	Angela Brand-Barker	27:55
17th	Susan Jackson	29:36
18th	Mike Schilling	29:58
Short		
1st	Brett Malloy	17:15
2nd	Alice Kemp	18:02
3rd	Nathan Kemp	18:05
4th	Anne Burbidge	18:45
5th	Janette McHendry	23:06
6th	Isaac Hunter	37:42
7th	Christine Irving	41:41
8th	Moiria Knoery	52:33