



Upcoming Fixtures....

THIS WEEK Thur 23 November, Setmurthy. The fourth event of the night series. Long, short and novice courses. Near Cockermouth. Cost £3.50/£2. Starts 5.45 to 7.15pm.

Sat 25 November, Cockermouth. Urban sprint. Cost £3.50/£2. See website for details.

Sun 26 November, Bleaberry Galoppen. Last Galoppen of the 2017 series. Usual Brown to Yellow colour coded courses. See website for details.

Thur 30 November, Lodore Woods. The fifth event of the night series in wonderful woodland, which is very technical for the senior courses. The area is close to Loweswater. Starts 5.45 to 7.15pm. Cost £3.50/£2.



British Schools' Championships 2017

Cockermouth School achieved the triple by winning BSOC for the third year in a row, beating Ulverston by a single point this year. A tremendous result for everyone involved. Caitlin Irving won G10 for Keswick School, Louis Morris was 2nd on B12 for Newton Rigg and Wilf Teasdale was 4th on B8 for QEGS. Girls Y11 team, Rosie, Lily & Izzy won the trophy, as well as Boys Y13 team, Alastair, Zac & Daniel. At least twenty four podium places were achieved by the team, plus the 9 counters for the overall trophy.

Twitter. You can follow @WCOC2014

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

47. (NE) Let him err (anag.) (9)

Retain your answers till the end of the year. Prizes for highest scores.

Scale Hill 16.11.2017

(Selection from the results.)

Long

1st	Alastair Thomas	35:54
2nd	Daniel Spencer	40:06
3rd	Niamh Hunter	44:42
4th	Ben Breeze	45:16
5th	David Spencer	45:40
6th	Michael Billinghamurst	48:32
7th	Joe Sunley	50:11
8th	John Slater	51:02
9th	Joe Hudd	51:43
10th	Dan Parker	52:49
11th	Mike Harrison	53:27
12th	Steven Breeze	55:59
13th	Alan Irving	56:08
14th	Jeff Goodwin	56:19
15th	Chris Pollitt	57:05

Short

1st	Kevin Hodgson	51:27
2nd	Susan Skinner	51:47
3rd	Peter Hudd	52:29
4th	Richard Cummings	56:57
5th	Andy Morris	58:41
6th	Tony Brand-Barker	59:04
7th	Lily Regan	60:05
8th	Anne Burbidge	70:13
9th	Vanessa Brierley	75:17
10th	Ann Cummings	76:09
11th	Elizabeth Elliott	81:58
12th	Clare Rodger	82:48
13th	Tom Carter	89:42
14th	Ruth Carter	89:47
15th	Andy Rodger	93:51

Novice

1st	Ben Freer	22:11
2nd	Ruben Razetti	23:30
3rd	Emma Crawford	25:13
4th	Myrtle Ashworth	25:19
5th	Isaac Hunter	29:14
6th	Annette Milburn	31:14
7th	Sam McLoughan	31:50
8th	Matthew Smith-Jackson	31:54
9th	Sophie Smith-Jackson	31:56
10th	Sophie Crawford	33:43

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>