



Upcoming Fixtures....

THIS WEEK Thur 17 May, Sale Fell. A very popular venue near Embleton. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Wed 23 May, Bike-O Keswick Start of the Allerdale Bike Challenge series. See www.bmbo.org.uk

Thur 24 May, Great Mell Fell. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 31 May, Blea Tarn. A second trip into Eskdale to one of our best areas. Wonderful. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Sun 3 June, Wythop Valley Galoppen. We are staging this one. Usual courses, Yellow to Brown. Starts from 10.30am to 12 Noon. See website for details of parking, cost etc.

Choosing our 'evening event' venues.

The trip to Eskdale for the last Thursday evening event proved difficult for some ('too far to travel' for some!). It might be a 'long' way south for many of us, but the terrain offers superb challenges. We are in Eskdale again at the end of the month. Well worth making the effort! There are quite a few interesting comments on the WCOC Member's FB page. Maybe you have thoughts on the debate. Contribute if you wish.

Workington GO

The council are running another open sports day in Workington this year, on Saturday 19th May. A number of sports will be represented, and orienteering will showcase around the Curwen Hall area.

A lot of folk have signed up for the 'maze' and the O course. It is this weekend.... so if you aren't going to the British Champs in Scotland and can offer your help for a few hours (between 11am and 4pm) to keep the show on the road then please reply to this email

Twitter. You can follow @WCOC2014

Newton Fell Galoppen

The Galoppen at the weekend proved tough for some. It was also host to the Yvette Baker Trophy qualification round. WCOC juniors beat the other clubs, winning by 891 to LOC's 887 and DEE's 877. Brilliant effort. That books them a place in the Final, being scheduled for Arrow Valley Park, near Redditch on 1st July. This is a trophy the club has never won, so a full turnout by the juniors could easily secure the win. Put the date in the diary..... good luck!

Dalegarth West 10.05.2018

(Selection from the results.)

Long

1st	Alastair Thomas	42:35
2nd	Daniel Spencer	46:37
3rd	Joe Sunley	47:34
4th	Joseph Goodwin	51:43
5th	Niamh Hunter	54:32
6th	Howard Leslie	57:04
7th	Derek Ratcliffe	57:13
8th	Simon Hunter	60:01
9th	Stuart Parker	66:05
10th	Lynne Thomas	66:45
11th	Graham Capper	68:38
12th	Pete Nelson	69:19
13th	Nick Moore	74:07
14th	Ange Jackson	74:44
15th	Ian Teasdale	77:18
16th	Sarah Taylor-Brown	90:52
17th	Anne Burbidge	93:48

Short

1st	Roger Thomas	44:30
2nd	Richard Cummings	47:57
3rd	Kevin Hodgson	52:08
4th	Roger Jackson	52:47
5th	Ged Hagan	60:08
6th	Kim Leslie	61:16
7th	David Fenwick	63:36
8th	Jonathan Eaton	66:29
9th	Ann Cummings	66:52
10th	Lucy Laird	67:55
11th	Isabel Sunley	74:32
12th	Jonty Goodwin	75:06
13th	Elizabeth Elliott	76:20
14th	Janette McHendry	84:15
15th	Richard Goodwin	109:55

Keep an eye on the Facebook page for Club goings-on!

http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info