



Upcoming Fixtures....

THIS WEEK Thur 24 May, Great Mell Fell. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 31 May, Blea Tarn. A second trip into Eskdale to one of our best areas. Wonderful. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Sun 3 June, Wythop Valley Galoppen. We are staging this one. Usual courses, Yellow to Brown. Starts from 10.30am to 12 Noon. See website for details of parking, cost etc.

British Champs Weekend

A great deal of success for the club, with numerous podium positions in the individuals and the relays. Notable achievements for the Individual Champs were Louis Morris 1st on M18L, Roger Thomas on M55S, Dan Spencer 2nd & Zac Hudd 3rd on M18E, Niamh 2nd on W18E, Issy Sunley 2nd on W14, Charlotte 3rd on W21E and Tony Duncan 3rd on M75!

Relays: Blencathra Boys 1st on M18 well done Al Thomas, Zac Hudd and Dan Spencer. Herbie Ashworth, Issy Sunley and Jonty Goodwin 2nd on Junior Ad Hoc, Bassenthwaite Boys 3rd on M18, Charlie

Rennie, Joe Sunley and Joe Hudd and to think they're only 1st year 16's! Fells Angels 3rd on W18, Jess Breeze, Carys Thomas and Rosie Spencer, well done and 3rd for Niamh Hunter, Caitlin Irving and Charlotte Watson on Women's Trophy!



M18 Relay podium 1st and 3rd

Workington GO

Wonderful weather helped to draw the crowds at Curwen Hall, Workington for the maze and a short course round the parkland. Thanks to the group of volunteers for giving up their time to help. We had 51 individuals with families taking part. Maybe some new members amongst them.

Twitter. You can follow @WCOO2014

Ray Nelson M89

One of the club's longest serving members, and an original founding member of WCOO sadly passed away on Wednesday last week. He, along with his wife Vi, were particularly known for encouraging newcomers and juniors to get started in our sport. The funeral will be on Thursday 31st May, at 1200 at Distington crematorium. We'll meet afterwards at The Gather, Ennerdale Bridge. Donations and contributions in lieu of flowers will be taken in support of WCOO club juniors.

Sale Fell 17.05.2018

(Selection from the results.)

Long		
1st	Matthew Vokes	33:05
2nd	Alastair Thomas	37:20
3rd	Zac Hudd	37:41
4th	Charlotte Watson	38:57
5th	Andrew Bradley	40:46
6th	Ben Breeze	41:09
7th	Simon Hunter	41:49
8th	Niamh Hunter	42:06
9th	Mike Harrison	43:43
10th	Keith Tonkin	44:26
11th	Jamie Rennie	45:13
12th	Ian Cumpstey	45:18
Short		
1st	Peter Hudd	34:08
2nd	Kate Charles	38:45
3rd	Wilfrid Teasdale	39:56
4th	Susan Skinner	42:28
5th	Ruben Razzetti	42:45
6th	Roger Thomas	43:04
7th	Jonty Goodwin	43:37
8th	Richard Cummings	45:43
9th	Stuart Crawford	46:08
10th	Tony Duncan	46:41
11th	Ann Cummings	46:53
Novice		
1st	Daisy Rennie	10:01
2nd	Emma Crawford	10:39
3rd	Steven Dickinson	12:42
4th	Hiroki Holmes	13:49
5th	George Rennie	17:06
6th	Matthew Smith-Jackson	18:08
7th	Sophie Smith-Jackson	18:59