



Upcoming Fixtures....

THIS WEEK **Thur 31 January, Leaps & Godworth.** Cost £4/£2. Open fellside. Long, Short, and Nighthawk courses. Cost £4/£2. Starts 5.45 to 7.15pm

Thur 7 February, Blea Tarn. A highly technical area in Eskdale. Will give a superb test for your navigational skills. Not to be missed, even though it is a long drive! It is open fellside and quite exposed, so please come prepared with adequate clothing and spare gear. Long, Short, and Nighthawk courses. Cost £4/£2. Starts 5.45 to 7.15pm

Sun 10 February, Cumbrian Galoppen at Hawse End First event of the 2019 series. Start of the defence of the Borrowdale Trophy. Usual colour coded courses. Lovely woodland on the shores of Derwentwater. Cost £7/£3. Starts 10.30am. White team are organising so offer your help if you can.

Thur 14 February, Bowness Knott. This is Wild Ennerdale! Cost £4/£2. Starts 5.45 to 7.15pm.

Thanks to Charlotte Watson for the Buttermere night event planning. She is also heading the training video on 'Aiming Off' to be found on [YouTube](#). Also, check out the results from the [Edinburgh Big Weekend](#) and the [Marmot Dark Mountains](#) event. There were many excellent results by club members.

Beer Trail 2018-19
The Rennie family have very kindly taken on this task for this year and have a long and short course available. The usual format; see the website for the parking and first control grid reference. At each control you will get the grid reference for the next control, until finally finding out where the cache (beer, soft drink or chocolate) can be found. The course will be open till the end of January, so there should be plenty of opportunity to have a go. You don't have to register to do the course, which means that no one knows you are out there. Please take care.

Twitter. You can follow @WCOC2014

2019 Cumbrian Galoppen		
Date	Club	Venue
10 February	WCOC	Hawse End
23 March	LOC	Haverthwaite
28 April	WCOC	Muncaster Fell
9 June	WCOC	Threlkeld Knotts
1 September	BL	Askham Common
22 September	LOC	Birkett Common
6 October	WCOC	Cockup & Uldale
3 November	BL	High Pike
24 November	LOC	Bethecar Moor

Buttermere 24.01.2019
(Selection from the results.)

Long

1st	Matthew Vokes	33:35
2nd	Charlie Rennie	36:02
3rd	Richard Wren	40:14
4th	Ben Goodwin	40:15
5th	Joe Hudd	40:42
6th	Niamh Hunter	41:13
7th	Simon Hunter	44:07
8th	Zac Hudd	44:08
9th=	Michael Billinghurst	45:20
9th=	Phil Winskill	45:20
11th	Carl Bell	48:17
12th	Joe Sunley	49:51
13th	Joseph Goodwin	49:55
14th	John Slater	50:07
15th	Jamie Rennie	51:17
16th	Jeff Goodwin	52:18
17th	Dan Parker	55:21
18th	Herbie Ashworth	55:46

Short

1st	Wilfrid Teasdale	32:55
2nd	Caitlin Pearson	34:19
3rd	Clare Rodger	34:37
4th	Roger Thomas	35:23
5th	Ruben Razzetti	36:18
6th	David Rodger	38:00
7th	Peter Hudd	38:12
8th	Ryan Crellin	39:19
9th	Ian Teasdale	41:59
10th	Jonty Goodwin	45:45
11th	Roger Jackson	47:04
12th	Myrtle Ashworth	49:04
13th	Deborah Goodwin	50:49
14th	Colin Smith	55:30
15th	Isaac Hunter	55:31
16th	Megan Gerrard	56:53
17th	Emma Crawford	56:56
18th	Penny Kingsland	58:12

Nighthawk

1st	Toby Heppell	41:38
2nd	Sarah Chaudhri	45:46
3rd	Sophie Crawford	48:45
4th	Jonty Razetti	52:57