



Upcoming Fixtures....

THIS WEEK Thur 14 March, Moorclose, Workington Urban event with long & short courses. Practice for the JK sprint! This is a new area with a NEW map @1:4000. Cost £4/£2. Starts 5.30 to 7pm. Then try Maprun!

Sun 17 March, Bampton Common Compass Sport Cup qualifier event. Pre-entries via SIEntries. Colour coded courses.

Thur 21 March, Crow Park, Keswick Urban event with long & short courses. Practice for the JK sprint! Cost £4/£2. Starts 5.30 to 7pm.

Thur 28 March, Whitehaven Urban event with long & short courses. Practice for the JK sprint! You may need your headtorch if starting late. Cost £4/£2. Starts 5.30 to 7pm.

Thanks to all the planners....

Our Evening Event series wouldn't happen if it wasn't for the group of club members who plan all the courses. The nine winter events, on more challenging terrain, planned since the New Year included David Spencer (who took on two of the venues!), Lynne Thomas, Charlie Rennie, Graham Watson (with help from Charlotte), Caitlin Irving, Michael Billingham, Nick Evans and Bob Barnby. Thanks to them all for their significant efforts.

Maprun App.

We had a go with this App at a Sprint event at Keswick last autumn. You use your smart phone to register your progress around a course similar to a SIAC ecard. So... you download the App Maprun onto your phone (mine's an android), register your details. You select an event from Event List, in the UK folder, and then West Cumberland folder. It downloads a KMZ file for the course. Goto Start with your paper map (+course drawn on). The phone registers at each control around the course (although no actual controls needed!). Then Finish, and check your time in Results. We'll try it at Moorclose!

Twitter. You can follow @WCOC2014

NEWS.....

Congratulations to our 2019 Northern Champions at Wharnccliffe in Yorkshire on Sunday. Caitlin Irving W16, Joe Hudd M16, Alastair Thomas M20E, Niamh Hunter W20E, Charlotte Watson W21E. Not forgetting Ash Boothroyd 2nd on M10 & Issy Sunley 2nd on W14.

And great performances by Joe Sunley and Charlie Rennie at Interland in France. England WON!

Cockermouth 07.03.2019

(Selection from the results.)

Senior Long

1st	Jamie Rennie	27:15
2nd=	Ben Breeze	27:55
2nd=	David Spencer	27:55
4th	Sam Stead	28:07
5th	Mike Harrison	28:16
6th	Chris Naylor	29:49
7th	Louis Morris	30:27
8th	Ben Goodwin	30:57

Junior Long

1st	Charlie Rennie	21:38
2nd	Niamh Hunter	25:30
3rd	David Rodger	27:51
4th	Megan Gerrard	28:54
5th	Emma Crawford	29:08
6th	Jonty Goodwin	31:38
7th	Daisy Rennie	31:58
8th	Clare Rodger	34:19

Senior Short

1st	Caitlin Pearson	20:46
2nd	Stuart Crawford	23:51
3rd	Roger Jackson	26:40
4th	Christine Kiddier	27:13
5th	Alex Crawford	27:26
6th	Scott Christian	27:37
7th	Bob Barnby	27:48
8th	Callum Coldwell	29:01
9th	Natalie Hawkrigg	30:45
10th	Vanessa Brierley	30:57

Novice

1st	Eva Humphreys	11:36
2nd	George Rennie	11:46
3rd	Anne Mellor	12:51
4th	Abby Rutter	14:14
5th	Emilia Humphreys	14:37
6th	Matthew Farrell	15:26
7th	Mark Clucas	16:23
8th	Matthew Smith-Jackson	20:44

Keep an eye on the Facebook page for Club goings-on!

West Cumberland Orienteering Club Facebook Page