



### Upcoming Fixtures....

#### **THIS WEEK Thur 4 April, Camerton Meadows**

Score format, to collect as many controls as possible within the time limit. Cost £4/£2. Starts 5.30 to 7pm.

#### **Thur 11 April, Knock Murton, Kirkland**

Score event, to collect as many controls as possible within the time limit. Cost £4/£2. Starts 5.30 to 7pm.

#### **Thur 18 April, Woodhall Park, Cockermouth**

Score event, to collect as many controls as possible within the time limit. Cost £4/£2. Starts 5.30 to 7pm. Provisional.... check club website closer to the date.

#### **Thur 25 April, Flat Fell**

Score event, to collect as many controls as possible within the time limit. Cost £4/£2. Starts 5.30 to 7pm.

#### **Our Spring Series continues....**

The first half of the Spring Series was on urban terrain with sprint practice for the juniors who will be competing at the JK and British Champs. The second half uses open terrain and the score format. There will be different variations on offer, but basically you collect as many of the controls as possible in the shortest time (usually with a time limit). You can choose which ones to collect, in which order, altering your route as you go.

#### **Welcome to our new juniors.....**

Over the last few weeks we have seen quite a few juniors joining the club. Eva Humphreys (W12), Eleanor Mitchelhill (W12), Megan Gerrard (W14), Rebecca Cook (W10), Regan Jukes (W10), Jack (M10) & Lily (W10) Woodall joining brother Harry (M12).

#### **Your unused SI5/6 ecards.....**

You may have seen the request on the Facebook page asking if anyone had an unused ecard for sale. The new juniors would like one of their own (rather than borrow one each event), but perhaps not wish to outlay lots of money on a SIAC just yet. Perhaps you have one to offer?

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

**West Cumberland Orienteering Club Facebook Page**

#### **Events.....**

Entries have closed for the Jan Kjellstrom Festival, 19-22 April. The event consists of four days of top competition, starting with the Sprint at Aldershot Garrison. The event is hosted by SCOA. The Relays are held on day 4, with a number of WCOC teams entered. Good luck to all club members making the journey south. Hope you bring back some trophies!

#### **Whitehaven 28.03.2019**

(Selection from the results.)

##### Junior

1st	Charlie Rennie	18:44
2nd	Harry Woodall	24:14
3rd	Herbie Ashworth	24:55
4th	Daisy Rennie	28:52
5th	Jonny Goodwin	30:21
6th	Danny Winterbottom	32:58
7th	Eva Humphreys	38:45
8th	Regan Jukes	57:40
9th	Rebecca Cook	58:53
10th	Camilla Winterbottom	68:28

##### Long

1st	Joe Hudd	25:17
2nd	Jamie Rennie	26:37
3rd	Sam Stead	26:55
4th	Simon Hunter	28:32
5th	Niamh Hunter	28:46
6th	Louis Morris	28:56
7th	David Spencer	29:16
8th	Ben Breeze	29:45
9th	James Crawford	30:03
10th	Joe Sunley	30:04
11th	Alan Irving	30:30
12th	Martin Skinner	31:35
13th	John Slater	31:36
14th	Ian Teasdale	33:02
15th	David Hunt	33:15
16th	Howard Leslie	34:21
17th	Rosie Spencer	35:08

##### Novice

1st	George Rennie	15:39
2nd	Stefi Stein	25:40

##### Short

1st	Caitlin Irving	17:20
2nd	Roger Jackson	26:22
3rd	Vanessa Brierley	27:30
4th	Deborah Goodwin	28:12
5th	Elizabeth Elliott	32:10
6th	Ruth Carter	35:13
7th	Tom Carter	35:14