



Upcoming Fixtures....

THIS WEEK Thur 17 October, AGM Will be held in the Village Hall at Bothel. See details on website.

Thur 24 October, SpookO Whinlatter Forest.

Thur 31 October, Fangs Brow Start of the winter night series. Long, short & Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

Sun 3 November, High Pike Galoppen

Usual range of courses, Yellow to Brown. Organised by BL, see their website for full details.

Thur 7 November, Bleach Green Winter night series. Long, short & Novice courses. Cost £4/£2. Starts 5.15 to 7pm.

Thur 14 November, Caer Mote Long, Short & Novice courses. Cost £4/£2. Starts 5.15 to 7pm.

Club's AGM.

This will be held on Thursday, 17th October 2019 at the Village Hall in Bothel. Sandwiches, tea/coffee will be available (**Let Lesley know now if you are coming so she can gauge the amount of food to provide.**). Nominations for committee positions, amendments to the constitution and items for discussion should be with the secretary (Lesley Wornham) already. Reports from the various people with responsibility for specific club business will be published on the club website, along with the agenda for the meeting. The club relies on the many volunteers who give up time to run the club. Please give them your support.



SpookO.

As usual this is being organised by a band of juniors in the dark and spooky Whinlatter Forest. Ideal adventure for the younger family members, but bring along a good torch and a comforting hand (of the parent variety!)

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

West Cumberland Orienteering Club Facebook Page

Coaching Day

Orienteering Foundation coaching day, Haverthwaite - 23rd November (10.00 to 15.00). O Coaching day planned by Derek Allison in this high quality area. WCOC attendance to be led by WCOC coaches (Lead Steve Breeze). Target TD4 & 5. **All Welcome!** Cost: £8 (estimated: to cover attendance and costs). See website for further details.

Keswick Streets 10.10.2019

(Selection from the results.)

Long

1st	Joe Sunley	20:53
2nd	Joe Hudd	21:21
3rd	Sam Stead	21:31
4th	Carl Bell	21:45
5th	Charlie Rennie	23:14
6th	Jeff Powell Davies	24:54
7th	Ben Goodwin	25:33
8th	Jacon Tonkin	25:47
9th	Craig Marsh	25:57
10th	Simon Hunter	26:03
11th	Phil Winskill	26:08
12th	Jamie Rennie	27:03
13th	Dan Roach	27:07
14th	Dan Wilson	27:27
15th	Andrew Bradley	27:30
16th	Michael Billingham	28:17
17th	Stuart Crawford	28:39
18th	Caitlin Pearson	29:46
19th	Jeff Goodwin	29:51
20th	Mike Harrison	30:13
21st	Nicholas Evans	30:38
22nd	Steven Breeze	31:42
23rd	Matt Stephens	32:09
24th=	Alex Crawford	32:15
24th=	Catherine Wetherfield	32:15

Short

1st	Daisy Rennie	11:38
2nd	Emma Crawford	13:13
3rd	Ruben Razzetti	13:55
4th	Sophie Crawford	16:51
5th	Isaac Hunter	17:54
6th	Hiroki Holmes	19:02
7th	Daniel Heppell	20:26
8th	Keira Dunlop	21:14
9th	George Rennie	21:16
10th	Eva Humphreys	23:35
11th	Katia Smith	24:02
12th	Ella Chambers	29:04
13th	Lily Woodall	31:30
14th	Jack Woodall	31:31