



Upcoming Events -



24/10/2019—Spook—O—Spooky O'ing in the deep, dark woods!

Whinlatter Visitor Centre—6.30pm—7.30pm

Cost—Adult £2; Children £1

31/10/2019—Fang's Brow

3/11/2019—High Pike Galoppen (BL)

7/11/2019—Bleach Green

Night Series Safety

Remember that the nights are drawing in and temperatures are dropping. Those taking part in the Night Series will need a head torch and suitable clothing.

Copeland Chase—Long O

Sunday 10th November 2019

Kinniside Common—A return to less-visited fells, south-west of Ennerdale Water. Not used for a long O since 2015.

Available courses—1hr, 2hr, 3hr, 4hr Score Courses.

Entries SiEntries—closing date Tuesday 5th November.

£8 Senior, £4 Junior (£2 supplement for non-BOF members). Si hire available. Very limited EOD.

Twitter: You can follow @WCOO2014 and at www.wcoc.co.uk

Keep an eye on the Facebook page for Club goings-on!

West Cumberland Orienteering Club Facebook Page

Coaching Day-URGENT

Orienteering Foundation coaching, Haverthwaite –23 November (10.00—15.00)

O Coaching day planned by Derek Allison in a high quality area. WCOO attendees led by coach Steve Breeze.

Level TD4 & 5

To promote coaching of adult orienteers who are often underserved and juniors.

Cost £8 (estimated to cover attendance and costs).

Depending on numbers transport may be organised (e.g. a mini bus at additional cost).

Contact Simon Hunter (cc Steve Breeze) for more info and to register attendance by 31 October 2019. (Please confirm if transport is required or if you can offer lifts).



Compass Sport Cup

A strong squad of almost 40 Club members made the long trek to Pippingford Park, Sussex to take part in the final of the Compass Sport Cup. Final results are yet to be confirmed but unofficially the Club finished in a creditable 6th. (More details to follow).

Thank you!

A big, big thank you to Roger Jackson for his long service to the Club and for single-handedly undertaking many of the vital Club tasks (including this newsletter!).

Going forward that task falls to me and I ask for your patience while I try to learn the ropes. (I don't have Roger's advanced IT skills!). If you have something that you would like me to include in the newsletter please let me know. I am on FB or you can email me on jhunter.jh@gmail.com.