



*West Cumberland
Orienteering Club*

News Flash

SATURDAY 4TH JANUARY 2020

You can beat those post-Christmas blues with a double-bill of fun!

1. Club Chase

For those new to the event, this is a great chance to meet other club members and a chance to win the coveted trophy.

It is a handicap race which is open to members and friends. Start times are adjusted with the aim of all runners finishing around 12 noon. All the usual courses are available—Brown, blue, green, light green, orange and yellow. Winners are often those who are new to the Club or juniors—anyone can win.

Location still to be confirmed as is currently subject to permissions.

Please contact Alan Irving to reserve your place and to confirm your course, cumbriaal@msn.com

2. Club Social

In the evening we will meet for the annual club social at Embleton Village Hall. Everyone brings a dish to share and there will be prizes, awards, quizzes and games. It would be great to see you there.

BEER TRAIL 2019

This year's trail will start at Maggie's Bridge near Loweswater. The trail will be ready to go on Saturday 21st December. The first grid reference and course lengths will be posted on the WCOC website on Friday evening.

Twitter: You can follow @WCOC2014 and at

www.wcoc.co.uk

Keep an eye on the Facebook page for Club goings-on!

West Cumberland Orienteering Club Facebook Page