



Upcoming Events

Now until 31/01/2020—Beer Trail

16/01/2020—Low Rigg

23/01/2020—Buttermere

30/01/2020—Sale Fell

06/02/2020—Mosser Fell



Night Series Safety

The post-Christmas night events tend to be on more challenging terrain which may be unsuitable for younger juniors and novices. However, there is often a Night Hawk course which provides the opportunity to run a reasonable distance (usually 3-4km) but with more straight forward navigation.

Always check the forecast and be prepared for inclement weather; with suitable clothing and a good head torch.



CLUB SOCIAL 2019



Club Awards - the following awards were presented at the recent Club social—well done to all the winners!

Rising Stars—highest climbers in the BO rankings—Jamie Rennie and Catherine Wetherfield.

For collecting a full set of six ranking scores—Alex and Stuart Crawford.

Chris Bland Trophy for outstanding contribution—who else but Roger Jackson.

Club Legend—for 70 events before she was 70—Liz Elliott

Carbon Footprint award— Mike Pearson

First time planners—Crawford family, Caitlin Pearson, Joe Sunley, Rebecca Crellin, Jonty Goodwin and Herbie Ashworth.

Best Team of the Year—Joe Hudd, Joe Sunley and Charlie Rennie for their outstanding performances at the JK (M16 relay winners) and British Champs (M18 relay winners).

Junior—Rising Stars—for their consistent performances throughout the year—Daisy Rennie and Hiroki Holmes.

Thank you to Helen Rennie and Lesley Wornham for organising the Club Social. There was a fantastic spread of food and several interesting and fun puzzles and quizzes—a great team effort that was enjoyed by all.

If you have a little spare time and would be interested in organising Club social events please let Steve Breeze know.

TBC—Club Ceilidh—28th March 2020—Please confirm interest to Steve Breeze or better still use the FB poll!



Night Series -Flat Fell Results

Long 4.47km

Time

- 1. Joe Sunley 35:48
2. Jamie Rennie 37:23
3. Charlie Rennie 37:58
4. David Spencer 39:17
5. Dan Roach 41:49
6. Simon Hunter 41:57
7. Joe Goodwin 42:24
8. Alan Irving 44:47
9. Simon Woodbury 45:13
10. Chris Swanepoel 45:35
11. John Slater 46:09
12. Rob Stein 46:42

Short 2.92km

- 1. Daisy Rennie 32:29
2. Emma Crawford 34:17
3. Daniel Heppell 34:18
4. John Taylor 38:53
5. Roger Thomas 39:01
6. Kevin Hodgson 41:15
7. Sarah Taylor-Brown 45:34
8. Alex Crawford 46:35

Night Hawk 3.07km

- 1. George Rennie 34:43
2. Hiroki Holmes 35:29
3. Eva Humphreys 42:01

Twitter: You can follow @WCOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.

A warm welcome to new Club members—Chris Swanepoel and Carl Humphreys.

