



Upcoming Events

- 19/03/2020—Allonby
26/03/2020—Whitehaven Harbour & Kells
02/04/2020—Scale Hill
09/04/2020—Workington—Vulcan Park
10/04/2020—JK Weekend
16/04/2020— High & Low Hows



Compass Sport Cup Heat Success

There was a great turn-out for the local heat of the national club competition, the Compass Sport Cup. This heat saw WCOOC compete against two other clubs: local rivals Lakeland Orienteering Club (LOC) and Manchester and District Orienteering Club at Breasty Haw and Bowkerstead; an area of tough forest terrain.

WCOOC benefitted from the return of several students who bolstered the results in some classes. This was the case on the 6.83km Brown Men's Open course where Alastair Thomas took the win in an impressive time of 56:18; with Dan Spencer 2nd, Steve Birkinshaw 4th and Ian Cumpstey 10th.

Another returning student, Ben Breeze, took the win on the 5.56km short brown course; with Joe Goodwin 5th, Mike Harrison 9th, Simon Hunter 10th and Steve Breeze 11th.

On the 4.72km Blue Women's Open course top club performer was Helen Winskill in 4th, with Niamh Hunter 6th and Caitlin Pearson 11th and on the 4.77km Blue Men's course Jamie Rennie took 2nd, Alan Irving 4th, Steve Holmes 6th, Martin Skinner 7th, Andrew Bradley 9th and Graham Watson 11th.

The 3.33km Green Women's course saw Lynne Thomas finishing in 4th, Susan Skinner 5th, Ange Jackson 9th, Catherine Wetherfield 11th and Anne Burbidge 12th and on the 3.36km Green Men's course best Club finisher was Roger Thomas in 6th, with Ian Teasdale 7th, Dave Downes 15th, Jon Eaton 22nd and Bob Dredge 24th.

On the Vets Short Green course, Mike Pearson took 2nd, Bob Barnby 3rd and Tony Duncan 20th and on the Super Vets course, Liz Elliott took 2nd.

On the junior courses, there were several strong performances, on the Junior Men's Green course Joe Sunley and Charlie Rennie took 1st and 2nd, with Jonty Goodwin 6th and Henry Teasdale 8th and on the Junior Women's course there was another Club 1, 2 for Caitlin Irving and Isabel Sunley, with Emma Crawford 5th, Carys Thomas 6th and Jess Breeze 7th.

On the Orange courses there was a win for Daniel Heppell on the men's course, with Isaac Hunter 4th, Ash Boothroyd 6th, George Rennie 7th and Toby Heppell 8th and on the women's course, Daisy Rennie took the win, with Sophie Crawford 5th and Eva Humphreys 8th.

The culmination of the strong results across all classes was a win for WCOOC with 2449 points ahead of LOC 2438 points and MDOC 2167 points.

The final takes place on 18th Oct 2020 @ Sutton Park near Birmingham.

Full results can be viewed at www.lakeland-orienteeing.org.uk

Well done everyone for a great Club performance!

Newsflash— there is a new website for all things Galoppen related—https://cumbriangaloppen.wordpress.com/

Twitter: You can follow @WCOOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.

Corona Virus Update



Obviously this is an ever-evolving situation. National events are likely to be effected e.g. cancellation of Croesco 2020 just confirmed.

For now we intend to keep running events and will monitor guidance as things progress. However you are asked to check the advice on the BOF website and www.gov.uk. If you feel unwell (especially with COVID-19 symptoms) you should follow the self-isolation guidance or if you are in a vulnerable group you may decide it is better to stay away for now.

However some additional measures will be implemented at events for the foreseeable future -

- There will be no key drop.
Rather than bring cash, members can choose to pay entry fees by direct transfer/cheque at the end of the series. (A good reason to join).
If using cash please bring the correct change.
If you have hand sanitiser—use it or wash hands thoroughly before and after events.
Feel free to chat but please avoid congregating in a large group around registration/download.

Spring Series -Cockermouth All Saints/Slatefell Results

Table with 3 columns: Rank, Name, Time. Includes sections for Long 3.04km and Short 1.91km.